R.E.C. Connect September 2026 Newsletter

Upcoming in September

- Community Adventures
  - Local shops/cafe's
  - Museums
  - Restaurants
  - Outings to Art Prize
  - John Ball Zoo
  - Library Events
  - Bowling
  - Parks
- Movies
- Campfire Cooking
- Crafts
- Experiments
- Exercise games
- And more!!



Check out our monthly calendar for further details!

R.E.C. Connect Spotlight: Olivia

How long have you been attending R.E.C. Connect?
Olivia has been attending for over 5 years.
What are your favorite R.E.C. Connect activities or outings?
"Tropical Smoothie Cafe, Hobby Lobby, Five Below, going to parks, and hanging out with my brother and friends."
What are your favorite free-time activities?
"Drawing, playing the Wii, and talking with friends."
What does R.E.C. Connect mean to you?
"It means my second family and meeting new people."









August Recap

Throughout the month, our members enjoyed meaningful opportunities to connect with friends through a variety of games, community outings, and special events. They made the most of the summer by cooling off at the splash pad, attending an outdoor concert, playing mini golf, exploring the zoo, enjoying lunch at the park, making s'mores around a campfire, and visiting the Hudsonville Fair.

Connection and engagement continued through a wide range of group activities. Some of the month's highlights included a splash pad Color War, the annual R.E.C. Connect Summer Tropical Party, water balloon games, a Wii bowling tournament, Victory Day at Coopersville High School, lightning and Gaga Ball, and many other fun games and interactive activities that encouraged friendship, teamwork, and lasting memories.

Members also had the opportunity to express their creativity through a variety of hands-on craft projects. They enjoyed making beaded animal keychains, painting rocks, creating dreamcatchers, tie-dyeing T-shirts, designing comic strips, and crafting colorful bracelets. These activities encouraged creativity, self-expression, and the development of new skills while providing another meaningful way for members to connect with one another.

CONTINUE CHECKING OUT OUR MONTHLY CALENDARS AT IKUSLIFE.ORG OR EMAIL MATEN@IKUSLIFE.ORG

COMMUNITY MENTAL HEALTH OTTAWA COUNTY

These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.