R.E.C. Connect

ikus indian trails camp

November 2026

Mo	Tu	We	Th	Fr	Sa
2 Fitness and Recreation, Card/Board Games, Creative Arts, Musical Chairs 9:30-2:30 PM TPD	3 Outing - Meijer, Collaborative Social Activity, Wii Games 9:30-3:00 PM Lightning and Gaga Ball 3:00-4:30 PM TD	4 Creative Arts, Wii Games, Fitness and Recreation, Outing - Thrift Stores 11:00-5:00 PM TPD	5 STEM Activity, Bingo, Fitness and Recreation 9:30-3:00 PM Movie at IKUS 3:00-4:30 PM TD	6 Outing - Family Fare, Fitness and Recreation, Wii Games 9:30-2:30 PM TPD	7 Movie at IKUS, Creative Arts, Pizza Party: Bring $5 9:30-2:30 PM TPD
9 Fitness and Recreation, STEM Activity, Bingo 9:30-2:30 PM TPD	10 Baking, Creative Arts, Fitness and Recreation 9:30-3:00 PM Card and Board Games 3:00-4:30 PM TD	11 Game Shows, Bingo, Nature Activity, Outing - Family Farm and Home 11:00-5:00 PM TPD	12 Outing - Blaine's, Collaborative Social Activity, Brain Games 9:30-3:00 PM Wii Bowling Tournament 3:00-4:30 PM TD	13 Outing - Grand Rapids Public Museum, Lunch at the Museum 9:30-2:30 PM TPD	14
16 Fitness and Recreation, Creative Arts, Jeopardy, Just Dance 9:30-2:30 PM TPD	17 Arts in Motion Drumming, Fitness and Recreation, Brain Games 9:30-3:00 PM Music Creations 3:00-4:30 PM TD	18 Creative Arts, Music Creations, Brain Games, Outing - Aldi 11:00-5:00 PM TPD	19 Outing - Dollar and Thrift Store, Creative Arts, Jeopardy, Open Gym 9:30-3:00PM Outing - Burger King 3:00-4:30PM TD	20 Thanksgiving Cooking, Movie at IKUS, Thanksgiving Craft 9:30-2:30 PM TPD	21 Cake Decorating Competition 11:00-3:00 PM TPD
23 Fitness and Recreation, Scavenger Hunt, Creative Arts, Charades 9:30-2:30 PM TPD	24 Outing - Dollar General, STEM Activity, Bingo 9:30-3:00 PM Thanksgiving Trivia 3:00-4:30 PM TD	25 Collaborative Social Activity, Fitness and Recreation, Thanksgiving Jeopardy, Outing - Daily Deals 11:00-5:00 PM TPD	26 Thanksgiving - IKUS Closed	27 Thanksgiving - IKUS Closed	28
30 Fitness and Recreation, Card/Board Games, Brain Games, STEM Activity 9:30-2:30 PM TPD					

COMMUNITY MENTAL HEALTH OTTAWA COUNTY

These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.

Transportation Provided for Ottawa County Members

TD : Transportation Drop off Options
TP : Transportation Pick Up Options
TPD : Transportation Pick Up and/or Drop Off Options

Option to Buy Food

Bring Sack Meal – no microwave available

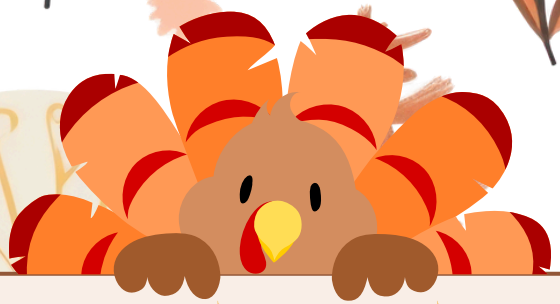
Registering for R.E.C. Connect

Pre-registration is required for all classes, activities, & special events. To register, email maten@ikuslife.org or call (616)-677-5251 ext. 119.

All scheduled activities are open to community members, please reach out if interested in attending any of the scheduled activities!

Programs & Outings

- 7th Movie and Pizza Party: Join us for a movie at IKUS. Bring $5 for pizza.
- 13th Grand Rapids Public Museum: Bring a cold lunch or money to purchase lunch from the museum.
- 21st Cake Decorating Competition: Join us for a fall themed cake decorating contest. Please bring a lunch to eat at IKUS.



A Few Notes

- Members are required to bring your own lunch. For days where programming is to go out for lunch, you have the option to bring your own lunch or to purchase a lunch.
- For schedule changes that occur the week of a specific event please call (616)-677-5251 ext. 119 to notify staff
- Friday and Saturday programming - drop off and pick up at the Kate Pew Wolters Center. There are options for Ottawa County members to be picked up and dropped off on these days. Please request pick up and drop off transportation when signing up for the month. R.E.C. Connect manager will know what is available, once all signups are received.

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