R.E.C. CONNECT

[RECREATION • EXPERIENCE • COMMUNITY]

IKUS \ ˈī-kəs \

1. To empower others by teaching with compassion
2. To give others joy, independence, and greater choices (n.)
3. A safe environment in which to grow, learn, be accepted, make friends, and have unforgettable experiences.

R.E.C. Connect is a year-round program that offers recreation and social opportunities to develop friendships in a safe environment.

All participants must be 18+ and complete the member profile and other required forms, along with any required membership fee.

PLEASE REACH OUT FOR INFORMATION ON MEMBERSHIP FEES.

COMMUNITY MENTAL HEALTH OTTAWA COUNTY

These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.



MEMBERS SIGN UP IN ADVANCE AND PARTICIPATE IN A VARIETY OF ONSITE AND COMMUNITY ACTIVITIES INDEPENDENTLY. IF ASSISTANCE IS NEEDED (DEPENDING ON THEIR MEMBER PROFILE), MEMBERS MUST BRING SUPPORT.



WEEKLY PROGRAMMING

Activities may include, but are not limited to, music, performing arts, athletics, healthy living, and more!



SPECIAL ACTIVITIES

Opportunities offered monthly that may include, but are not limited to large events such as dances, carnivals, & performances!



COMMUNITY EVENTS

Opportunities offered monthly and include sporting events, local parks, cultural attractions, and much more!

"R.E.C. Connect means being with my friends and opportunities to get out in the community!"

-Dylan

"R.E.C. Connect means meeting and hanging out with new and old friends in the community!"

-Caitlin

"R.E.C. Connect means new experiences, meeting new people, and looking forward to coming each week!"

-Laurie

FOR QUESTIONS OR MORE INFORMATION CONTACT MYLES ATEN:
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