

R.E.C. Connect



October 2026

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5 Creative Arts, Bingo, Fitness and Recreation
9:30-2:30 PM TPD

Outing - Donuts at Post Family Farm
3:00-6:30 PM TPD

12 Fitness and Recreation, STEM Activity, Just Dance
9:30-2:30 PM TPD

19 Creative Arts, Jeopardy, Fitness and Recreation
9:30-2:30 PM TPD

26 Creative Art, Brain Games, Fall Color Walk at Aman Park
9:30-2:30 PM TPD

6 Outing - Affogato's, Brain Games, Jeopardy
9:30-2:30 PM

Wii Bowling Tournament
2:45-4:30 PM TD

13 Spirit Halloween, Cooking, Open Gym
9:30-2:30 PM

Caramel Apple Bowls
2:45-4:30 PM TD

20 Arts in Motion Drumming, Collaborative Team Activity, Creative Arts
9:30-2:30 PM

Outing - Grand Ravines Park
2:45-4:30 PM TD

27 Human Battle Ship, Cooking, Wii Games
9:30-2:30 PM

Halloween Crafts
2:45-4:30 PM TD

7 STEM Activity, Fitness and Recreation, Open Gym
9:30-3:00 PM TPD

14 Outing - Fredrick Meijer Gardens, Lunch at Fredrick Meijer Gardens
9:30-3:00 PM TPD

21 Fall Color Walk at Aman Park, Creative Arts, Brain Games
9:30-3:00 PM TPD

28 Hungry Hungry Hippo, Fall Treasure Hunt
9:30-3:00 PM TPD

1 Kickball, Cardio Drumming, Creative Arts
9:30-2:30 PM

Outing - Go Karts at GameTime Fun Park
2:45-5:30 PM TD

8 Collaborative Team activity, Creative Arts, Wii Games
9:30-2:30 PM

Outing - Arbys
2:45-4:30 PM TD

15 Scarecrow Contest, Spooky Treat, Fall Scavenger Hunt
9:30-2:30 PM

Talent Show at IKUS
2:45-4:30 PM TD

22 Outing- Dollar Tree, Coffee & Hot Cocoa Bar, Fitness and Recreation
9:30-2:30 PM

Soap Making
2:45-4:30 PM TD

29 Outing - Waste to Energy Plant Tour or Library, Fitness and Recreation, Brain Games
9:30-2:30 PM

Bracelets and Keychains
2:45-4:30 PM TD

2 Outing - Bowling at Hudsonville Lanes, Lunch at Mr. Burger
9:30-3:00 PM TPD

9 Outing - Autumn Weekends at Fredrick Meijer Gardens, Lunch at Fredrick Meijer Gardens
9:30-3:00 PM TPD

16 Outing - Zoo Goes Boo, Lunch at the Zoo
9:30-3:00 PM TPD

Outing - Peppinos and Shopping
3:00-6:30 PM TPD

23 Outing - Thrift Stores, Lunch at Chick-fil-A, Open Gym
9:30-3:00 PM TPD

30 Halloween Movie, Baking, Fitness and Recreation
9:30-3:00 PM TPD

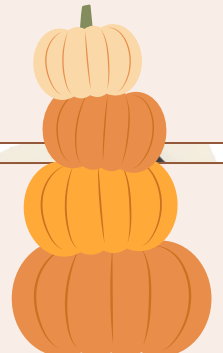
3 Movie, Creative Arts, Pizza Party
9:30-3:00 PM TPD

10

17 Lunch at Culvers, Trick or Treat Street at IKUS (\$5)
10:00-4:30 PM TPD

24

31



These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.

Transportation Provided for Ottawa County Members

TD : Transportation Drop off Options

TP : Transportation Pick Up Options

TPD : Transportation Pick Up and/or Drop Off Options



Option to Buy Food

Bring Sack Meal - no microwave available

Registering for R.E.C. Connect

Pre-registration is required for all classes, activities, & special events. To register, email maten@ikuslife.org or call (616)-677-5251 ext. 119.

All scheduled activities are open to community members, please reach out if interested in attending any of the scheduled activities!

Programs & Outings

- 1st Art Prize - Please bring a cold lunch to eat at the park
- 17th Culvers and Trick or Treat Street - Bring money to eat at Culvers before going to IKUS for the annual Trick or Treat Street. Dressing up in costumes is encouraged. There will be candy, crafts, yard games, and haunted cabins

A Few Notes

- Members are required to bring your own lunch. For days where programming is to go out for lunch, you have the option to bring your own lunch or to purchase a lunch.
- For schedule changes that occur the week of a specific event please call (616)-677-5251 ext. 119 to notify staff
- Friday and Saturday programming - drop off and pick up at the Kate Pew Wolters Center. There are options for Ottawa County members to be picked up and dropped off on these days. Please request pick up and drop off transportation when signing up for the month. R.E.C. Connect manager will know what is available, once all signups are received.

