

# R.E.C. Connect

## March 2026



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3 Healthy Living, Outing - Dollar Store, Craft 9:30-2:30 PM **TD\***

4 Outing - Hudsonville Library and Thrift Store, Craft 9:30-3:00 PM **TPD**

5 Healthy Living, Outing - 5 Below, Olympic Charades 9:30-2:30 PM  
Movie and Popcorn 2:45-4:30 PM **TD**

6 Grand Rapids Public Museum and Popcorn Factory 9:30-2:30 PM **TPD**

7 Breakfast at The Farmhouse and Swimming at Zeeland Recreation 9:30-2:30 PM **TPD**

9 Nutrition, Disc Golf, Craft 9:30-2:30 PM **TPD**

10 Healthy Living, Outing - Butterflies at Fredrick Meijer Gardens, Bowling 9:30-2:30 PM  
Diamond Art Craft 2:45-4:30 PM **TD**

11 Outing - Coffee and Coloring at Grand Haven Library, Lunch Out, Shopping 9:30-3:00 PM **TPD**

12 Healthy Living, Outing - Michaels, Craft 9:30-2:30 PM  
Gaga Ball and Disc Golf 2:45-4:30 PM **TD**

13 Hudsonville Lanes, Mr. Burger, Thrift Store 9:30-2:30 PM **TPD**

14 Peppino's & Ottawa County Sherrif's vs. Detroit Lions Basketball Game 4:30-8:30 PM **TP**

16 Nutrition, Angry Birds Game, Just Dance, Craft 9:30-2:30 PM **TPD**

17 Healthy Living, Arts in Motion Drumming, Craft 9:30-2:30 PM  
Culvers 2:45-4:30 PM **TD**

18 Outing - Thrift Stores and Antique Stores, Wii 9:30-3:00 PM **TPD**

19 Healthy Living, Outing - Aldi and Coffee Shop, Oobleck 9:30-1:00 PM  
Homemade Soap & Pool Noodle Hockey 1:00-3:00 PM  
Express Cooking 2:45-4:30 PM **TD**

20 Paws With a Cause and Lunch Out 9:30-2:30 PM **TPD**

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23 Nutrition, Pool Noodle Hockey, Craft 9:30-2:30 PM **TPD**

24 Kalamozoo Air Zoo 9:00-3:00 PM  
Express Cooking 3:00-4:30 PM **TD**

25 Outing - BINGO at Gaines Library, Lunch at Horrocks 9:30-3:00 PM **TPD**

26 Healthy Living, Outing - Library, Craft 9:30-2:30 PM  
MIX Boba Lounge 2:45-4:30 PM **TD**

27 Pinball Land, Lunch Out, Shopping Downtown Rockford 9:30-2:30 PM **TPD**

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30 Butterflies at Fredrick Meijer Gardens 9:30-2:30 PM **TPD**

31 Healthy Living, Outing - GRPM, Exercise Game 9:30-2:30 PM  
Spring Craft & Nutritional Snack 2:45-4:30 PM **TD**



These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.

Transportation Provided for Ottawa County Members

- TD : Transportation Drop off Options
- TP : Transportation Pick Up Options
- TPD : Transportation Pick Up and/or Drop Off Options

- Option to Buy Food
- Bring Sack Meal - no microwave available

## Registering for R.E.C. Connect

Pre-registration is required for all classes, activities, & special events. To register, email [maten@ikuslife.org](mailto:maten@ikuslife.org) or call (616) 677-5251 ext. 119.

All scheduled activities are open to community members, activities are subject to change, please reach out if interested in attending any of the scheduled activities!

## Programs & Outings

- March 3<sup>rd</sup> transportation home will be provided for those who normally stay for the 2:45 PM program.
- March 7<sup>th</sup> join your friends for open swim at Zeeland Recreation!
- March 14<sup>th</sup> cheer on the Ottawa County Sheriffs as they take on retired Detroit Lions during their annual basketball game at Allendale High School!
- March 24<sup>th</sup> Air Zoo visit! Aerospace & Science Experience in Kalamazoo, MI. Please note the timing of program is 9:00- 3:00 PM. Bring sack lunch.



## A Few Notes

- Members are required to bring your own lunch. For days where programming is to go out for lunch, you have the option to bring your own lunch or to purchase a lunch.
- For schedule changes that occur the week of a specific event please call (616) 677-5251 ext. 119 to notify staff.
- Friday and Saturday programming - drop off and pick up at the Kate Pew Wolters Center. There are options for Ottawa County members to be picked up and dropped off on these days. Please request pick up and drop off transportation when signing up for the month. R.E.C. Connect manager will know what is available, once all signups are received.

