

R.E.C. Connect



February 2026

Mo	Tu	We	Th	Fr	Sa
<p>² Cooking, Bingo, Kickball, Craft 9:30-2:30 PM TPD</p>	<p>³ Craft, Exercise Game, Nutrition, Outing - Maggie's Be Cafe 9:30-2:30 PM Wii Bowling Tournament 2:45-4:30 PM TD</p>	<p>⁴ Nutrition, Exercise Game, Outing - Thrift Store and Dollar Store 9:30-3:00 PM TPD</p>	<p>⁵ Craft, Cooking, Outing - Target 9:30-2:30 PM Giant Bowling 2:45-4:30 PM TD</p>	<p>⁶ Horrocks Market and Schuler's Bookstore 9:30-2:30 PM TPD</p>	<p>⁷</p>
<p>⁹ Cardio Drumming, Craft, Group Game, Nutrition 9:30-2:30 PM TPD</p>	<p>¹⁰ Cooking, Valentine's Cards, Outing - Ollies or B2 Outlet 9:30-2:30 PM Valentines Craft 2:45-4:30 PM TD</p>	<p>¹¹ Bingo at Cascade Library, Lunch at Woodland Mall 9:30-3:00 PM TPD</p>	<p>¹² Trivia, Nutrition, Outing - 5 Below and Hobby Lobby 9:30-2:30 PM Sledding in Hudsonville 2:45-4:30 PM TD</p>	<p>¹³ Hudsonville Lanes 9:30-2:30 PM TPD</p>	<p>¹⁴ Pizza Party 3:30 PM TP Snowball Dance 4:30-6:30 PM</p>
<p>¹⁵ Griffins vs. Texas Stars 2:30-7:30 PM TPD</p> <hr/> <p>¹⁶ Zumba, Craft, Obstacle Course, Cooking 9:30-2:30 PM TPD</p>	<p>¹⁷ Arts In Motion Drumming, Exercise Game, Craft, Nutrition 9:30-2:30 PM Dairy Queen TD</p>	<p>¹⁸ Wii, Cooking, Outing - Meijer Outlet 9:30-3:00 PM TPD</p>	<p>¹⁹ Exercise Game, Cooking, Outing - Thrift Stores 9:30-2:30 PM Movie and Popcorn 2:45-4:30 PM TD</p>	<p>²⁰ World of Winter and Downtown Market 9:30-2:30 PM TPD</p>	<p>²¹</p>
<p>²³ Cooking, Craft, Exercise Game 9:30-2:30 PM TPD</p>	<p>²⁴ Jeopardy, Cooking, Outing - Coffee Shop and Thrift Store 9:30-2:30 PM Express Cooking 2:45-4:30 PM TD</p>	<p>²⁵ Bingo at Gaines Library, Lunch at Rivertown Mall 9:30-3:00 PM TPD</p>	<p>²⁶ Bingo, Nutrition, Outing - Dollar Stores 9:30-2:30 PM NB Outlet 2:45-4:30 PM TD</p>	<p>²⁷ Baking and Shopping 9:30-2:30 PM TPD</p>	<p>²⁸</p>



These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.

Transportation Provided for Ottawa County Members

TD : Transportation Drop off Options

TP : Transportation Pick Up Options

TPD : Transportation Pick Up and/or Drop Off Options



Option to Buy Food

Bring Sack Meal - no microwave available

Registering for R.E.C. Connect

Pre-registration is required for all classes, activities, & special events. To register, email maten@ikuslife.org or call (616)-677-5251 ext. 119.

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All scheduled activities are open to community members, please reach out if interested in attending any of the scheduled activities!

Programs & Outings

- Snowball Dance- Join us on the 14th from 4:30-6:30pm for dancing, snacks, and winter themed activities!
- Griffins vs. Texas Stars- Time to cheer on the Griffins on Sunday the 15th! This is a sensory friendly game. Please bring \$5 to go towards the ticket cost.

A Few Notes

- Members are required to bring your own lunch. For days where programming is to go out for lunch, you have the option to bring your own lunch or to purchase a lunch.
- For schedule changes that occur the week of a specific event please call (616)-677-5251 ext. 119 to notify staff
- Friday and Saturday programming - drop off and pick up at the Kate Pew Wolters Center. There are options for Ottawa County members to be picked up and dropped off on these days. Please request pick up and drop off transportation when signing up for the month. R.E.C. Connect manager will know what is available, once all signups are received.

