

R.E.C. Connect November 2025 Newsletter



Upcoming in November

- November's activities will be fall and Thanksgiving themed
- Community Adventures
 - Local shops/cafe's
 - Holiday themed events
- Nature walks
 - Community parks
- Drumming
- Cooking and nutrition
- Movies
- Bowling
- Crafts
- And more!!

Check out our monthly calendar for further details!

R.E.C. Connect Spotlight:

Margareta

How long have you been attending R.E.C. Connect?

Margareta has been attending for just under a year.

What are your favorite R.E.C. Connect activities or outings?

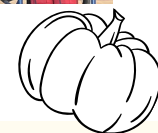
Her favorites are outdoor cooking and going to the Grand Rapids Public Museum.

Favorite free time activities? Her favorite activities are video games, coloring, and sports.

What does R.E.C. Connect mean to you? REC Connect means making new friends and learning different skills.



October Recap



Autumn has arrived with crisp air and the start of lasting seasonal memories.

October has been a month filled with enriching outings and opportunities to enjoy the autumn season. We have explored local stores, orchards, park visits, nature walks, and a trip to Art Prize. Additionally, our group has focused on learning about nutrition, assisting in the garden, and preparing farm-fresh recipes.

A highlight this month was attending the annual Trick or Treat Street event at IKUS, where our individuals enjoyed trick or treating around camp, playing games, making crafts, and walking through haunted cabins for a spooktacular experience.



CONTINUE CHECKING OUT OUR MONTHLY CALENDARS AT IKUSLIFE.ORG OR EMAIL MATEN@IKUSLIFE.ORG



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