

R.E.C. Connect

JULY 2025

Tu

We

Th

Fr

Sa

1 CLUB R.E.C
GR 175 Photo Exhibit
9:30-2:45 PM 🍷

Splash Pad & Outdoor Games
2:45-4:15 PM

TD

2 Food Trucks @ Airport Viewing Area & Community Exploration
10:00-4:00 PM 💰

TPD

3 CLUB R.E.C
9:30-2:00 PM 💰

Hager Park
2:45-4:15 PM

TD

4 Happy Fourth of July!



5

8 CLUB R.E.C
Impression 5 Science Center
9:00-2:45 PM 🍷

Express Cooking
2:45-4:15 PM

TD

9

10 CLUB R.E.C
9:30-2:00 PM

Boats @ Root Beer Lake
2:45-4:15 PM

TD

11 OT Led Activities & Grand Ravines Park
9:30-3:00 PM 💰

TPD

Movie & Pizza Party
3:00-6:00 PM

TD

12 Cars & Coffee
9:00-4:00 PM

TPD

15 CLUB R.E.C
Christmas in July
9:30-2:00 PM

Hager Park
2:45-4:15 PM

TD

16 Rivertown Mall & Community Exploration
10:00-4:00 PM 💰

TPD

17 CLUB R.E.C
9:30-2:00 PM 💰

Dairy Queen
2:45-4:15 PM

TD

18 OT Led Activities & Versluis Park Beach
9:30-4:00 PM

TPD

19

22 CLUB R.E.C
Pleasant Peninsula Mural Festival
9:30-2:00 PM 🍷

Movie Night & Popcorn
2:45-4:15 PM

TD

23 ADA Celebration
4:00-7:00 PM

TPD

24 CLUB R.E.C
John Ball Zoo or Fredrick Meijer Gardens
9:00-2:00 PM

Splash Pad & Outdoor Games
2:45-4:15 PM

TD

25 OT Led Activities & Tanger Italian Festival
9:30-3:00 PM 💰

TPD

26

29 CLUB R.E.C
9:30-2:00 PM 🍷

Express Cooking
2:45-4:15 PM

TD

30 Drumming For All
10:00-4:00 PM

TPD

31 CLUB R.E.C
9:00-2:00 PM

Boats @ Root Beer Lake
2:45-4:15 PM

TD



These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.

Pre-registration is required for all classes, activities, & special events. To register, email maten@ikuslife.org or call (616)-677-5251 ext. 119.

All scheduled activities are open to community members, please reach out if interested in attending any of the scheduled activities!

Transportation Provided for Ottawa County Members

TD : Transportation Drop off Options

TP : Transportation Pick Up Options

TPD : Transportation Pick Up and/or Drop Off Options

CLUB R.E.C.:

Tuesday : Onsite & Offsite Programming

Thursday : Nutrition, Fitness, Cooking, & Outings

- Summer is here! Please bring extra water and sunscreen each day. If you'd like to use the splash pad, don't forget a swimsuit, towel, and a change of clothes.
- 175th Photo Exhibit- Traveling mobile museum showcasing Grand Rapids history.
- Cars & Coffee- Largest exotic cars & coffee event in West Michigan
- Impressions 5 museum- "Dynamic, interactive space for families to play, create, and challenge their understanding of science" 9am drop off and 2:45pm pick up.
- Pleasant Peninsula Mural Festival- Explore the various murals around downtown Grand Rapids

- Members are required to bring your own lunch. For days where programming is to go out for lunch, you have the option to bring your own lunch or to purchase a lunch.
- Friday and Saturday programming - drop off and pick up at the Kate Pew Wolters Center. There are options for Ottawa County members to be picked up and dropped off on these days. Please request pick up and drop off transportation when signing up for the month. R.E.C. Connect manager will know what is available, once all signups are received.



Option to Buy Food



Bring Sack Lunch - no microwave available