



THE R.E.C. CONNECT PROGRAM PROVIDES OPPORTUNITIES IN RECREATIONAL AND SOCIAL EXPERIENCES TO ENHANCE PARTICIPANTS' HEALTH AND WELL-BEING

R.E.C. Connect is a year-round program offered by IKUS Life Enrichment Services in partnership with Community Mental Health of Ottawa County.

All participants must be 18+ and complete the member profile and other required forms, along with any required membership fee.

PLEASE REACH OUT FOR INFORMATION ON MEMBERSHIP FEES.



These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.



MEMBERS SIGN UP IN ADVANCE AND PARTICIPATE IN A VARIETY OF ACTIVITIES INDEPENDENTLY. IF ASSISTANCE IS NEEDED (DEPENDING ON THEIR MEMBER PROFILE), MEMBERS MUST BRING SUPPORT.



CLUB R.E.C. CONNECT

Offered on a weekly basis, and may include, but is not limited to music, performing arts, athletics, and more!



SPECIAL ACTIVITIES

Opportunities offered each month that may include, but are not limited to large events such as dances, carnivals, & performances!



COMMUNITY EVENTS

Opportunities offered monthly and include sporting events, performing arts, cultural attractions, and much more!

"R.E.C. Connect means being with my friends and opportunities to get out in the community!"

-Member

"R.E.C. Connect means meeting and hanging out with new and old friends in the community!"

-Member

"R.E.C. Connect means new experiences, meeting new people, and looking forward to coming each week!"

-Member