




R.E.C. Connect October 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 	Transportation Provided for Ottawa County Residents, Spots Limited	TD= Transportation Drop Off Options TP= Transportation Pick Up Options TPD= Transportation Pick Up And/Or Drop Off Options	Club R.E.C. Tuesday: Community outings, programming at IKUS Thursday: Nature, Outdoor Cooking, Community Outings	29 SOMI, Bowling & Lunch 9:30-3:30pm TPD	30	1
2	3 Club R.E.C. Connect 9:30-2pm Arts & Crafts 3-4:30pm TD	4	5 Club R.E.C. Connect- 9:30-2pm Apple Orchard 3-4:30pm TD	6 SOMI, Grand Rapids Public Museum & Planetarium Show 9:30-3:30pm TPD	7	8
9	10 Club R.E.C. Connect 9:30-2pm Wii Games & Trivia 3-4:30pm TD	11	12 Club R.E.C. Connect- 9:30-2pm Movie & Pizza Party 3-5pm TD	13 SOMI, Bowling & Lunch 9:30-3:30pm TPD	14 Activities at IKUS & Lowell Harvest Festival 9-3:30pm TPD	15
16	17 Club R.E.C. Connect 9:30-2pm Apple Orchard 3-4:30pm TD	18	19 Club R.E.C. Connect 9:30-2pm Outdoor Cooking Or Air Fryer Cooking 3-4:30pm TD	20 SOMI, Shopping & Lunch at Rivertown Mall 9:30-3:30pm TPD	21	22
23	24 Club R.E.C. Connect 9:30-2pm Grand Ravines Park 3-4:30pm TD	25	26 Club R.E.C. Connect 9:30-2pm Outdoor Cooking Or Air Fryer Cooking 3-4:30pm TD	27 SOMI, Bowling & Lunch 9:30-3:30pm TPD	28 Lunch at Applebees & Post Family Farm Corn Maze & Hay Ride – Please bring \$5 towards ticket (not accessible) 10:30-4:30pm TPD	29
30	31 Club R.E.C. Connect 9:30-2pm Halloween Craft 3-4:30pm TD	Pre-registration is required for all classes, activities & special events. To register, email maten@ikuslife.org or call (616)677.5251 ext. 119 				
These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.						