

Connect With R.E.C. Connect

2020



2020 Recap

Even though R.E.C. Connect members saw various adaptations to programming in-order to keep them safe, this did not stop them from having a blast while engaging in social and recreation-based activities with their friends!

- Star Wars night at the Griffins game in April
- Seeing the Lego animals at the John Ball Zoo
- Exploring at Grand Rapids Public Museum
- Meeting the GVSU Occupational Therapy and Exercise Science student volunteers
- Gardening with Chef Scott and then making meals out of what they grew in the garden
- Camp fire cooking
- Group games in the gym
- Virtual programs from home
- Playing the drums and guitars
- Singing Karaoke to their favorite songs
- Pizza parties
- Seeing the owls and going on nature walks at Blandford Nature Center
- Making ginger bread houses
- Trivia and Jeopardy challenges
- Making homemade wooden wreaths from wood found at IKUS
- Looking at the exhibits at Fredrick Meijer Garden
- Science experiments
- Learning about different cultures and animals during the world discoveries class
- Making memories with friends!

Thank you all for the great times and we look forward to more fun for 2021!

-Myles



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For questions or to register for R.E.C. Connect, contact Myles at maten@ikuslife.org