

R.E.C. Connect Spring 2023 Newsletter



Winter Highlights!

R.E.C. Connect participants had a blast with all the fun filled activities that were offered this winter. R.E.C. Connect participants had the opportunity to see the Griffins on multiple occasions, engage in the interactive exhibits at the Grand Rapids Public Museum, walk around at Fredrick Meijer Gardens and perfect their bowling games. The participants learned how to make cheddar biscuits, alfredo, loaded nachos, quesadillas, smoothies, and much more. This year there was the biggest yield of maple syrup made by the participants and everyone agreed that it tasted delicious. Let's not forget that the R.E.C. Connect participants were the big winners during the annual door decorating competition!



R.E.C. stopped by for some coffee and treats!

Springtime!

R.E.C. Connect participants can't wait for the warm weather to finally be here to stay. So far this spring, the participants have helped Chef Scott prep the garden for this summer, learn about Earth Day, complete a scavenger hunt outside, went out to eat, and more! Looking ahead, participants will spend lots of time exploring our local parks and going to fun events around the city. Participants are excited to watch the Ottawa County Sherriff's vs. Detroit Lions basketball game!



Planting vegetables for this summer!