




# R.E.C. Connect [Recreation Experience Community] May 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1  	2 Club R.E.C. Connect 9:30-2pm Music Creations 3-4:30pm <b>TD</b>	3	4 Club R.E.C. Connect 9:30-2pm Games & Grub 3-4:30pm <b>TD</b>	5 Club R.E.C. Connect 10-3:30pm <b>TPD</b>	6 Zoo, Dinner, Ottawa Sherriff's vs. Detroit Lions Basketball 1-9pm <b>TPD</b>	7
8	9 Club R.E.C. Connect 9:30-2pm Games @ Allendale Park 3-4:30pm <b>TD</b>	10	11 Club R.E.C. Connect 9:30-2pm Trivia 3-4:30 <b>TD</b>	12 Club R.E.C. Connect 10-3:30pm <b>TPD</b>	13	14
15	16 Club R.E.C. Connect 9:30-2pm Grand Ravines Park 3-4:30pm <b>TD</b>	17	18 Club R.E.C. Connect 9:30-2pm Games & Grub 3-4:30pm <b>TD</b>	19 Club R.E.C. Connect 10-3:30pm <b>TPD</b>	20	21 Cooking/ Activities @ IKUS R.E.C. Connect 9:30-3pm <b>TPD</b>
22	23 Club R.E.C. Connect 9:30-2pm Music Creations 3-4:30pm <b>TD</b>	24	25 Club R.E.C. Connect 9:30-2pm Outdoor Games 3-4:30pm <b>TD</b>	26 Club R.E.C. Connect 10-3:30pm <b>TPD</b>	27 Transportation Provided for Ottawa County Residents, Spots Limited	28 <b>TD= Transportation Drop Off Options</b> <b>TPD= Transportation Pick Up And/Or Drop Off Options</b>
29	30 Club R.E.C. Connect 9:30-2pm Shopping 3-4:30pm <b>TD</b>	31	Pre-registration is required for all classes, activities & special events. To register, email <a href="mailto:maten@ikuslife.org">maten@ikuslife.org</a> or call (616)677.5251 ext. 119			
				These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.		

### Club R.E.C. Connect

Tuesdays: Community Exploration 9:30-2pm  
Thursdays: Activities @ IKUS & Community Exploration  
Fridays: 5<sup>th</sup> & 26<sup>th</sup> Bowling & Lunch  
Friday: 12<sup>th</sup> & 19<sup>th</sup> Cooking 'N More

### Special Events

Saturday: 6<sup>th</sup> John Ball Zoo, dinner,  
basketball game, pick up 9pm KPW  
Sunday: 21<sup>st</sup> Cooking & Activities  
@ IKUS

### Afternoon Program

Tuesdays: 2<sup>nd</sup> Music creations, 9<sup>th</sup> Games Allendale Park, 16<sup>th</sup> Grand Ravines  
Park, 23<sup>rd</sup> Music Creations, 30<sup>th</sup> Shopping  
Thursdays: 4<sup>th</sup> & 18<sup>th</sup> Games & Grub, 11<sup>th</sup> Trivia, 18<sup>th</sup> Trivia, 25 Music  
Creations