




R.E.C. Connect July 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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3	4 4 th of July!	5	6 Berlin Fair 9:30-2:30pm Peppino's Take Out & Allendale Park 3-5:30 TD	7 Club R.E.C. Connect 9:30-3:30pm TPD	8 Out To Lunch & Ed Dunneback and Girls Farm Live Music 10:30-3:30pm TPD	9
10 Club R.E.C. Connect 9:30-2pm Music Creations 3-4:30pm TD	11	12	13 Club R.E.C. Connect 9:30-2pm Movie & Pizza Party 3-5pm TD	14 Club R.E.C. Connect 9:30-3:30pm TPD	15 Shopping At Tanger Outlets Mall & Lunch At Brewer Park 10:30-3:30pm TPD	16
17 Club R.E.C. Connect 9:30-2pm Outdoor Games 3-4:30pm TD	18	19	20 Club R.E.C. Connect 9:30-2pm Disc Golf In Coopersville 3-4:30pm TD	21 Club R.E.C. Connect 9:30-3:30pm TPD	22	23 Cooking/ Activities @ IKUS 10-3pm TPD
24 Club R.E.C. Connect 9:30-2pm Arts & Crafts 3-4:30pm TD	25	26	27 Club R.E.C. Connect 9:30-2pm Air Fryer Cooking 3-4:30pm TD	28 Club R.E.C. Connect 10:30-3:30pm TPD	29 Out To Breakfast & John Ball Zoo 10-3:30pm TPD	30
31	Transportation Provided for Ottawa County Residents, Spots Limited	TD= Transportation Drop Off Options TPD= Transportation Pick Up And/Or Drop Off Options	Pre-registration is required for all classes, activities & special events. To register, email maten@ikuslife.org or call (616)677.5251 ext. 119 			
						These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.

Club R.E.C. Connect

Tuesdays: Community Exploration 9:30-2pm

Thursdays: Activities @ IKUS & Community Exploration

Friday: 7th GVSU OT Group, Bowling, Lunch

Friday: 14th GVSU OT Group, Bowling, Lunch

Friday: 21st GVSU OT Group and Downtown Music Concert Series

Friday: 28th Tanager Outlet Mall & Lunch At the Park

Special Events

Saturday: 8th Out to lunch and live music at Ed Dunneback and Girls Farm

Saturday: 15th Shopping at Tanger Outlets & lunch at Brewer Park

Sunday: 23rd Cooking & Activities @ IKUS

Saturday: 29th Out to breakfast & John Ball Zoo

Afternoon Program

Thursday: 6th Peppino's & Allendale Park

Tuesday: 11th Music Creations

Thursday: 13th Movie & Pizza Party

Tuesday: 18th Outdoor Games

Thursday: 20th Disc golf in Coopersville

Tuesday: 25th Arts & Crafts

Thursday: 27th Air Fryer Cooking