

R.E.C. Connect Spotlight



UP COMING PROGRAM OPPORTUNITIES

- Trick or Treat Street
- Local apple orchards
- Participate in group activities led by GVSU Exercise Science students
- Listen to live music and explore at Ed Dunneback & Girls Farm Market
- SOMI-Fit classes
- Griffins Game
- New performing arts programming on Wednesdays



You know fall is here when the weather starts to get colder, there's colorful leaves on the trees, and there are Halloween decorations on display! The R.E.C. Connect members have been enjoying the fall themed programming over the past month such as a fall festival at Indian Trails Camp which included Halloween crafts, carnival & yard games, bingo, balloon animals, a dance party, and karaoke! We are looking forward to many other fun fall activities this season!



TO CHECK OUT OUR MONTHLY CALENDARS VISIT WWW.IKUSLIFE.ORG
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