



R.E.C. CONNECT [RECREATION • EXPERIENCE • COMMUNITY]

AUGUST 2022 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>◆ = SPECIAL EVENT</p> <p>Ⓣ = TRANSPORTATION HOME PROVIDED</p>	<p>1</p> <p>CHECK ON GARDEN AND CHICKENS 9:30-10AM</p> <hr/> <p>OUTDOOR RECREATION 10-11AM</p> <hr/> <p>LUNCH 11AM-12PM</p> <hr/> <p>MUSIC CREATIONS 12-12:45PM</p> <hr/> <p>GAMES 12:45-1:30PM</p>	<p>2</p> <p>CHECK ON GARDEN AND CHICKENS 9:30-10AM</p> <hr/> <p>SHOPPING 10-11AM</p> <hr/> <p>VOLUNTEERING AT BEER CITY DOG BISCUIT 11AM-1:30PM (ARRIVE BACK TO IKUS BY 2PM)</p> <hr/> <p>OPEN GYM & GAMES 2-2:30PM</p> <hr/> <p>Ⓣ MUSIC CREATIONS 2:45-4PM</p>	<p>3</p>	<p>4</p> <p>JOHN BALL ZOO 9:30-11AM</p> <hr/> <p>RELAX AT ROSA: AT ROSA PARKS CIRCLE BRING SACK LUNCH OR MONEY FOR THE FOOD TRUCKS, LIVE MUSIC, EXPLORING DOWNTOWN 11AM-1PM (BACK TO IKUS FOR PICK UP AT 1:30PM)</p>	<p>5</p> <p>Ⓣ COAST GUARD FESTIVAL 9AM-2PM</p>	<p>6</p> <p>Ⓣ OUT TO BREAKFAST AND & MINIONS THE RISE OF GRU 8AM-2PM (BRING MONEY FOR BREAKFAST +\$5 TO GO TOWARDS THE MOVIE, I WILL BE LEAVING FOR THE ROUTE AROUND 8AM AND 12:30PM WHEN THE MOVIE IS FINISHED).</p>	
	<p>7</p>	<p>8</p> <p>FREDERIC MEIJER GARDENS & SHOPPING 9:30AM-1:30PM</p>	<p>9</p> <p>CHECK ON GARDEN AND CHICKENS 9:30-10AM</p> <hr/> <p>SHOPPING 10-11AM</p> <hr/> <p>VOLUNTEERING AT BEER CITY DOG BISCUIT 11AM-1:30PM (ARRIVE BACK TO IKUS BY 2PM)</p> <hr/> <p>OPEN GYM & GAMES 2-2:30PM</p>	<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>
	<p>14</p>	<p>15</p> <p>CHECK ON GARDEN AND CHICKENS 9:30-10AM</p> <hr/> <p>OUTDOOR RECREATION 10-11AM</p> <hr/> <p>LUNCH 11AM-12PM</p> <hr/> <p>MUSIC CREATIONS 12-12:45PM</p> <hr/> <p>GAMES 12:45-1:30PM</p>	<p>16</p> <p>CHECK ON GARDEN AND CHICKENS 9:30-10AM</p> <hr/> <p>SHOPPING 10-11AM</p> <hr/> <p>VOLUNTEERING AT BEER CITY DOG BISCUIT AND OUTING* 11AM-1:30PM (ARRIVE BACK TO IKUS BY 2PM)</p> <hr/> <p>OPEN GYM & GAMES 2-2:30PM</p> <hr/> <p>Ⓣ MUSIC CREATIONS 2:45-4PM</p>	<p>17</p>	<p>18</p> <p>DOWNTOWN MARKET 9:30-10:30AM</p> <hr/> <p>RELAX AT ROSA: AT ROSA PARKS CIRCLE BRING SACK LUNCH OR MONEY FOR THE FOOD TRUCKS, LIVE MUSIC, EXPLORING DOWNTOWN 10:30AM-1PM (BACK TO IKUS FOR PICK UP AT 1:30PM)</p> <hr/> <p>Ⓣ GAMES & GRUB 2:45-4:15PM</p>	<p>19</p> <p>Ⓣ OUT TO BREAKFAST & BOWLING AT HUDSONVILLE LANES 9AM-2PM</p>	<p>20</p>

PRE-REGISTRATION (AT LEAST 24 HOURS IN ADVANCE) IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND SPECIAL EVENTS.

** See back page for program descriptions. ** To register, email maten@ikuslife.org or call 616.677.5251, ext. 119.



AUGUST 2022 CALENDAR

To attend a class, activity or event, members must have completed a member profile and paid their membership fees.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
21	22	23 CHECK ON GARDEN AND CHICKENS 9:30-10AM SHOPPING 10-11AM VOLUNTEERING AT BEER CITY DOG BISCUIT 11AM-1:30PM (ARRIVE BACK TO IKUS BY 2PM) OPEN GYM & GAMES 2-2:30PM Ⓜ GAMES & GRUB 2:45-4:15PM	24 Ⓜ MOVIE NIGHT 2:45-4:30PM (THE ENDING TIME WILL VARY DEPENDING ON WHEN THE MOVIE FINISHES)	25 HUDSONVILLE FAIR AND LUNCH AT THE PARK 9:30AM-1:30PM	26 Ⓜ FREDERIK MEIJER GARDENS & SHOPPING 9AM-2PM	27
28 Ⓜ WHITECAPS VS. SOUTH BEND 12-6PM (TRANSPORTATION OPTIONS AVAILABLE BEFORE THE GAME AND AFTER THE GAME, PICK UP AT KPW BUILDING OR ARRANGMENTS CAN BE MADE TO GET PICKED UP AT THE STADIUM, PLEASE BRING \$10 TO GO TOWARDS THE TICKET)	29 CHECK ON GARDEN AND CHICKENS 9:30-10AM OUTDOOR RECREATION 10-11AM LUNCH 11AM-12PM MUSIC CREATIONS 12-12:45PM GAMES 12:45-1:30PM	30 MORNING GROUP, GAMES & OPEN GYM 9:30-10:30AM VOLUNTEERING AT BEER CITY DOG BISCUIT & OUTING* 10AM-1:30PM (RETURN TO IKUS BY 2PM) OPEN GYM & GAMES 2-2:30PM Ⓜ GAMES & GRUB 2:45-4:30PM	31	PROGRAMMING ON MONDAYS, TUESDAYS AND THURSDAYS WILL BE IN THE KPW BUILDING, WHEN WE ARE AT IKUS. PLEASE GET DROPPED OFF & PICKED UP AT THE KPW FRONT ENTRANCE ON THOSE DAYS! SUBJECT TO CHANGE IF THERE IS AN OUTING.	ALL CLASSES AND ACTIVITIES ARE SUBJECT TO CHANGE DEPENDENT ON WEATHER NOTE: Spots are limited. Registration for certain activities/ events might close in advance.	*OUTINGS: INCLUDE BUT AREN'T LIMITED TO GOING SHOPING, FREDRICK MEIJER GARDENS, GRAND RAPIDS PUBLIC MUSEUM, JOHN BALL ZOO, OUTINGS WILL BE DEPENDENT ON WEATHER, PLEASE BRING MONEY IF YOU WOULD LIKE TO PURCHASE ANYTHING WHILE WE ARE OUT.

- Please sign up as early as possible to reserve spot for R.E.C. Connect Activities!
- Pre-screening will take place every day upon drop off at IKUS Life Enrichment Services.
- The consent form that describes the new safety precautions must be filled out or verbal consent given prior to resuming services. Also contact information must be updated so that we are able to reach care providers and guardians promptly in case someone is displaying symptoms.
- Each in-person activity will cost \$1 for Kent County members unless stated otherwise on the calendar.

- Pick up for the evening programs that are outings Monday-Friday (going to parks, Blandford Nature Center, etc.) will be at the location of the community event for Holland and Grand Haven and community members.
- Sign up opens the 4th Monday of the month prior. Space for activities is limited and dependent on staff availability. Regular participation on a specific day of the week doesn't ensure that spot will be open the next month. Participants must sign up each month, for the classes they want to go to.



These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.

PLEASE NOTE: Transportation is provided for Ottawa County residents only.

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