

## *R.E.C. Connect Spotlight*

Over the past few months R.E.C. Connect participants have been enjoying spending time with friends and trying new life enriching opportunities. Participants have been working on perfecting their bowling game at Hudsonville lanes and some groups had the chance to play disc golf at Riverside park for the first time! Since the warm weather has arrived participants have had the chance to go to the Festival of the Arts, Asian Pacific Festival, and to local parks. Cabela's & Bass Pro Shop of Grandville generously donated fishing equipment, just in time for the R.E.C. Connect participants to go out on the free fishing weekend! The participants enjoyed catching fish and the staff and volunteer had to constantly assist with releasing the fish and putting new worms on the hooks, since they were catching the fish so quickly!



## UP COMING PROGRAM OPPORTUNTIES

- Volunteering at Beer City Dog Biscuit
- Participate in group activities led by GVSU Occupational Therapy students
- Listen to live music and explore in downtown Grand Rapids during Relax at Rosa events
- Guided Drumming
- Whitecaps Game
- Game & Grub
- Bowling

TO CHECK OUT OUR MONTHLY CALENDARS VISIT OUR WEBSITE, [IKUSLIFE.ORG](http://IKUSLIFE.ORG) OR EMAIL [MATEN@IKUSLIFE.ORG](mailto:MATEN@IKUSLIFE.ORG).