



R.E.C. CONNECT [RECREATION • EXPERIENCE • COMMUNITY]

JULY 2022 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>◆ = SPECIAL EVENT</p> <p>Ⓣ = TRANSPORTATION HOME PROVIDED</p>	<p>PROGRAMMING ON MONDAYS, TUESDAYS AND THURSDAYS WILL BE IN THE KPW BUILDING, WHEN WE ARE AT IKUS. PLEASE GET DROPPED OFF & PICKED UP AT THE KPW FRONT ENTRANCE ON THOSE DAYS! SUBJECT TO CHANGE IF THERE IS AN OUTING.</p>	<p>ALL CLASSES AND ACTIVITIES ARE SUBJECT TO CHANGE DEPENDENT ON WEATHER</p> <p>NOTE: Spots are limited. Registration for certain activities/ events might close in advance.</p>	<p>*OUTINGS: INCLUDE BUT AREN'T LIMITED TO GOING SHOPING, FREDRICK MEIJER GARDENS, GRAND RAPIDS PUBLIC MUSEUM, JOHN BALL ZOO, OUTINGS WILL BE DEPENDENT ON WEATHER. PLEASE BRING MONEY IF YOU WOULD LIKE TO PURCHASE ANYTHING WHILE WE ARE OUT.</p>		1	2
3	4	5	6	7	8	9
	<p>HAPPY INDEPENDENCE DAY!</p>	<p>CHECK ON GARDEN AND CHICKENS 9:30-10AM</p> <p>VOLUNTEERING AT BEER CITY DOG BISCUIT AND OUTING* 10AM-1:30PM</p> <p>Ⓣ MUSIC CREATIONS 2:45-4PM</p>	<p>Ⓣ PICNIC & EXPLORING AT FREDERIK MEIJER GARDENS 2:45-5PM</p>	<p>MORNING GROUP: BREAKFAST CLUB, GARDENING, CHECKING ON THE CHICKENS 9:30-10:30AM</p> <p>BERLIN FAIR 11AM-2PM (RETURN TO IKUS BY 2:30 FOR PICK UP)</p>	<p>Ⓣ OUT TO BREAKFAST AND BOWLING AT HUDSONVILLE LANES 9:30AM-2PM</p> <p>Ⓣ ACTIVITIES WITH OCCUPATIONAL THERAPY STUDENTS 9:30-11AM</p> <p>LUNCH 11:15AM-12PM</p> <p>BOWLING HUDSONVILLE LANES 12:15-2PM</p>	
10	11	12	13	14	15	16
	<p>CHECK ON GARDEN AND CHICKENS 9:30-10AM</p> <p>OUTDOOR RECREATION 10-11AM</p> <p>LUNCH 11AM-12PM</p> <p>MUSIC CREATIONS 12-12:45PM</p> <p>GAMES 12:45-1:30PM</p>	<p>CHECK ON GARDEN AND CHICKENS 9:30-10AM</p> <p>VOLUNTEERING AT BEER CITY DOG BISCUIT AND OUTING* 10AM-1:30PM</p> <p>Ⓣ GAMES & GRUB 2:45-4PM</p>		<p>MORNING GROUP: BREAKFAST CLUB, GARDENING, CHECKING ON THE CHICKENS 9:30-11AM</p> <p>RELAX AT ROSA: AT ROSA PARKS CIRCLE BRING SACK LUNCH OR MONEY FOR THE FOOD TRUCKS, LIVE MUSIC, EXPLORING DOWNTOWN 11AM-1:30PM</p> <p>Ⓣ MUSIC CREATIONS 2:45-4PM</p>	<p>Ⓣ ACTIVITIES WITH OCCUPATIONAL THERAPY STUDENTS 9:30-11AM</p> <p>LUNCH 11:15AM-12PM</p> <p>BOWLING HUDSONVILLE LANES 12:15-2PM</p>	

PRE-REGISTRATION (AT LEAST 24 HOURS IN ADVANCE) IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND SPECIAL EVENTS.

** See back page for program descriptions. ** To register, email maten@ikuslife.org or call 616.677.5251, ext. 119.



JULY 2022 CALENDAR

To attend a class, activity or event, members must have completed a member profile and paid their membership fees.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17	18 OUTING (SEE OUTING SCHEDULE FOR DETAILS) 9:30AM-12PM GARDENING & COOKING 12:15-1:30PM	19 CHECK ON GARDEN AND CHICKENS 9:30-10AM VOLUNTEERING AT BEER CITY DOG BISCUIT AND OUTING* 10AM-1:30PM ① MUSIC CREATIONS 2:45-4PM	20 ① GAMES & GRUB 2:45-4:30PM	21 MORNING GROUP: BREAKFAST CLUB, GARDENING, CHECKING ON THE CHICKENS 9:30-11AM RELAX AT ROSA: AT ROSA PARKS CIRCLE BRING SACK LUNCH OR MONEY FOR THE FOOD TRUCKS, LIVE MUSIC, EXPLORING DOWNTOWN 11AM-1:30PM	22 ① ACTIVITIES WITH OCCUPATIONAL THERAPY STUDENTS 9:30-11AM LUNCH 11:15AM-12PM BOWLING HUDSONVILLE LANES 12:15-2PM	23
24	25 WINTER IN JULY HOLIDAY ACTIVITIES: HOLIDAY MOVIES, CRAFTS AND COOKIE DECORATING 9:30AM-1:30PM	26 CHECK ON GARDEN AND CHICKENS 9:30-10AM VOLUNTEERING AT BEER CITY DOG BISCUIT AND OUTING* 10AM-1:30PM ① GAMES & GRUB 2:45-4:30PM	27	28 MORNING GROUP: BREAKFAST CLUB, GARDENING, CHECKING ON THE CHICKENS 9:30-11AM RELAX AT ROSA: AT ROSA PARKS CIRCLE BRING SACK LUNCH OR MONEY FOR THE FOOD TRUCKS, LIVE MUSIC, EXPLORING DOWNTOWN 11AM-1:30PM	29 ① ACTIVITIES WITH OCCUPATIONAL THERAPY STUDENTS 9:30-11AM LUNCH 11:15AM-12PM BOWLING HUDSONVILLE LANES 12:15-2PM	30 ① OUT TO LUNCH AND MINIATURE GOLF 10AM-2:30PM

- Please sign up as early as possible to reserve spot for R.E.C. Connect Activities!
- Pre-screening will take place every day upon drop off at IKUS Life Enrichment Services.
- The consent form that describes the new safety precautions must be filled out or verbal consent given prior to resuming services. Also contact information must be updated so that we are able to reach care providers and guardians promptly in case someone is displaying symptoms.
- Each in-person activity will cost \$1 for Kent County members unless stated otherwise on the calendar.

- Pick up for the evening programs that are outings Monday-Friday (going to parks, Blandford Nature Center, etc.) will be at the location of the community event for Holland and Grand Haven and community members.
- Sign up opens the 4th Monday of the month prior. Space for activities is limited and dependent on staff availability. Regular participation on a specific day of the week doesn't ensure that spot will be open the next month. Participants must sign up each month, for the classes they want to go to.



These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.

PLEASE NOTE: Transportation is provided for Ottawa County residents only.

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