



R.E.C. CONNECT [RECREATION • EXPERIENCE • COMMUNITY]

MARCH 2022 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>◆ = SPECIAL EVENT</p> <p>Ⓣ = TRANSPORTATION HOME PROVIDED</p>		<p>1</p> <p>SHOPPING AT MALL & LUNCH AT HORROCK 9:30AM-2:15PM</p> <p>Ⓣ AIR FRYER COOKING WITH CHEF SCOTT 2:30-4PM</p>	<p>2</p> <p>Ⓣ MOVIE NIGHT 2:30-4:30PM</p>	<p>3</p> <p>BOOK CLUB 9:30-10AM</p> <p>DRUMMING 10-11AM</p> <p>LUNCH 11:15AM-12PM</p> <p>CATERING PREP WITH CHEF SCOTT 12-2:15PM</p> <p>MUSIC CREATIONS 2:30-4PM</p>	<p>4</p> <p>Ⓣ SHOPPING 12-2PM (TRANSPORTATION PICK UP, DROP OFF IF STAYING FOR AFTERNOON PROGRAM)</p> <p>Ⓣ FRIDAY FUN PEPPINOS 2:30-5PM</p>	<p>5</p>	
	<p>6</p> <p>MORNING GROUP/ GAMES 9:30-10:15AM</p> <p>NUTRITION 10:15-11:15AM</p> <p>LUNCH 11AM-12PM</p> <p>NO BAKE BAKING 12-1PM</p> <p>FITNESS 1-1:30PM</p>	<p>7</p> <p>MORNING GROUP/ GAMES 9:30-10:15AM</p> <p>NUTRITION 10:15-11:15AM</p> <p>LUNCH 11AM-12PM</p> <p>NO BAKE BAKING 12-1PM</p> <p>FITNESS 1-1:30PM</p>	<p>8</p> <p>BOWLING AM & BLANDFORD NATURE CENTER PM (SPACE LIMITED) 9:30AM-2:15PM</p>	<p>9</p> <p>Ⓣ MAKING PERSONALIZED PIZZAS AND GYM GAMES 2:30-5PM</p>	<p>10</p> <p>BREAKFAST CLUB 10-11AM</p> <p>LUNCH 11AM-12PM</p> <p>GARDENING & NATURE STUDIES 12-1PM</p> <p>ARTS & CRAFTS 1:15-2:15PM</p> <p>Ⓣ Wii GAMES 2:30-4PM</p>	<p>11</p> <p>Ⓣ BOWLING HUDSONVILLE LANES 9:30AM-2:30PM (PICK UP & DROP OFF TRANSPORTATION PROVIDED FOR OTTAWA COUNTY MEMBERS, DEPENDENT ON STAFF, TIMES WILL VARY)</p>	<p>12</p>
	<p>13</p> <p>MORNING GROUP/ GAMES 9:30-10:15AM</p> <p>NUTRITION 10:15-11:15AM</p> <p>LUNCH 11AM-12PM</p> <p>NO BAKE BAKING 12-1PM</p> <p>FITNESS 1-1:30PM</p>	<p>14</p> <p>MORNING GROUP/ GAMES 9:30-10:15AM</p> <p>NUTRITION 10:15-11:15AM</p> <p>LUNCH 11AM-12PM</p> <p>NO BAKE BAKING 12-1PM</p> <p>FITNESS 1-1:30PM</p>	<p>15</p> <p>GRAND RAPIDS PUBLIC MUSEUM 9:30AM-2:15PM</p> <p>Ⓣ AIR FRYER COOKING WITH CHEF SCOTT 2:30-4PM</p>	<p>16</p> <p>Ⓣ OPEN HOUSE ACTIVITIES 2:45-4:30PM</p> <p>IKUS OPEN HOUSE 3-6PM - OPEN TO THE COMMUNITY</p>	<p>17</p> <p>BREAKFAST CLUB 10-11AM</p> <p>LUNCH 11AM-12PM</p> <p>GARDENING & NATURE STUDIES 12-1PM</p> <p>ARTS & CRAFTS 1:15-2:15PM</p> <p>SCAVENGER HUNT 2:30-4PM</p>	<p>18</p> <p>Ⓣ BOWLING HUDSONVILLE LANES 9:30AM-2:30PM (PICK UP & DROP OFF TRANSPORTATION PROVIDED FOR OTTAWA COUNTY MEMBERS, DEPENDENT ON STAFF, TIMES WILL VARY)</p>	<p>19</p> <p>Ⓣ MUDROOM POTTERY PAINTING & LUNCH 9:30AM-3PM (TRANSPORTATION PICK UP AND DROP OFF PROVIDED)</p>

PRE-REGISTRATION (AT LEAST 24 HOURS IN ADVANCE) IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND SPECIAL EVENTS.

** See back page for program descriptions. ** To register, email maten@ikuslife.org or call 616.677.5251, ext. 119.



MARCH 2022 CALENDAR

To attend a class, activity or event, members must have completed a member profile and paid their membership fees.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20	MORNING GROUP/ GAMES 9:30-10:15AM NUTRITION 10:15-11:15AM LUNCH 11AM-12PM NO BAKE BAKING 12-1PM FITNESS 1-1:30PM	IKUS OPEN HOUSE 9:30-11:30AM LUNCH 11:30AM-12:30PM ACTIVITIES AT IKUS 12:30-2:15PM	23	BREAKFAST CLUB 10-11AM LUNCH 11AM-12PM GARDENING & NATURE STUDIES 12-1PM ARTS & CRAFTS 1:15-2:15PM MUSIC CREATIONS 2:30-4PM	25	26
27	MORNING GROUP/ GAMES 9:30-10:15AM NUTRITION 10:15-11:15AM LUNCH 11AM-12PM NO BAKE BAKING 12-1PM FITNESS 1-1:30PM	JOHN BALL ZOO 9:30AM-2:15PM AIR FRYER COOKING WITH CHEF SCOTT 2:30-4PM	30	BREAKFAST CLUB 10-11AM LUNCH 11AM-12PM GARDENING & NATURE STUDIES 12-1PM ARTS & CRAFTS 1:15-2:15PM JEOPARDY 2:30-4PM	ALL CLASSES AND ACTIVITIES ARE SUBJECT TO CHANGE DEPENDENT ON WEATHER NOTE: Spots are limited. Registration for certain activities/ events might close in advance.	

- Please sign up as early as possible to reserve spot for R.E.C. Connect Activities!
- Pre-screening will take place every day upon drop off at IKUS Life Enrichment Services.
- The consent form that describes the new safety precautions must be filled out or verbal consent given prior to resuming services. Also contact information must be updated so that we are able to reach care providers and guardians promptly in case someone is displaying symptoms.
- Each in-person activity will cost \$1 for Kent County members unless stated otherwise on the calendar.

- Pick up for the evening programs that are outings Monday-Friday (going to parks, Blandford Nature Center, etc.) will be at the location of the community event for Holland and Grand Haven and community members.
- Sign up opens the 4th Monday of the month prior. Space for activities is limited and dependent on staff availability. Regular participation on a specific day of the week doesn't ensure that spot will be open the next month. Participants must sign up each month, for the classes they want to go to.



These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.

PLEASE NOTE: Transportation is provided for Ottawa County residents only.

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