



R.E.C. CONNECT [RECREATION • EXPERIENCE • COMMUNITY]

FEBRUARY 2022 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 GRAND RAPIDS PUBLIC MUSEUM & PLANETARIUM SHOW 9:30AM-2:15PM	2 ① MUSIC CREATIONS 2:30-3:45PM	3 BOOK CLUB 9:30-10AM DRUMMING 10-11AM LUNCH 11AM-12PM AROUND THE WORLD COOKING 12-1PM GAMES 1:30-2:15PM ① NUTRITION WITH GVSU STUDENT & CHEF SCOTT 2:30-3:45PM	4 ① SHOPPING 12-2PM (TRANSPORTATION PICK UP, DROP OFF IF STAYING FOR AFTERNOON PROGRAM) ① MOVIE NIGHT/ PIZZA PARTY 2:30-5PM	5 ① WORLD OF WINTER 9AM-2PM (MORNING PICK UP TRANSPORTATION PROVIDED, AFTERNOON PICK UP KPW, OTTAWA COUNTY)
6	7 MORNING GROUP/ GAMES 9:30-10:15AM NUTRITION 10:15-11:15AM LUNCH 11AM-12PM NO BAKE BAKING 12-1PM FITNESS OR CRAFT 1-1:30PM	8 SHOPPING AT MALL & THRIFT STORES 9:30AM-2:15PM ① AIR FRYER COOKING WITH CHEF SCOTT 2:30-3:45PM	9 ① Wii GAMES 2:45-4PM	10 BOOK CLUB 9:30-10AM BREAKFAST CLUB 10-11AM LUNCH 11AM-12PM AROUND THE WORLD COOKING 12-1PM GAMES 1:30-2:15PM MUSIC CREATIONS 2:45-3:45PM	11 ① BOWLING HUDSONVILLE LANES 9:30AM-2:30PM (PICK UP & DROP OFF TRANSPORTATION PROVIDED FOR OTTAWA COUNTY MEMBERS, DEPENDENT ON STAFF, TIMES WILL VARY)	12
13	14 MORNING GROUP/ GAMES 9:30-10:15AM NUTRITION 10:15-11:15AM LUNCH 11AM-12PM NO BAKE BAKING 12-1PM FITNESS 1-1:30PM	15 ① MOVIE & ACTIVITIES AT IKUS 9:30AM-2:15PM	16 ① OPEN HOUSE ACTIVITIES 2:45-4:30PM IKUS OPEN HOUSE 3-6PM - OPEN TO THE COMMUNITY	17 BOOK CLUB 9:30-10AM BREAKFAST CLUB 10-11AM LUNCH 11AM-12PM AROUND THE WORLD COOKING 12-1PM GAMES 1:30-2:15PM NUTRITION WITH GVSU STUDENT & CHEF SCOTT 2:30-3:45PM	18	19

PRE-REGISTRATION (AT LEAST 24 HOURS IN ADVANCE) IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND SPECIAL EVENTS.
 ** See back page for program descriptions. ** To register, email maten@ikuslife.org or call 616.677.5251, ext. 119.



FEBRUARY 2022 CALENDAR

To attend a class, activity or event, members must have completed a member profile and paid their membership fees.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20	MORNING GROUP/ GAMES 9:30-10:15AM NUTRITION 10:15-11:15AM LUNCH 11AM-12PM NO BAKE BAKING 12-1PM FITNESS 1-1:30PM	IKUS OPEN HOUSE 9:30-11:30AM LUNCH 11:30AM-12:30PM ACTIVITIES AT IKUS 12:30-2:15PM ① AIR FRYER COOKING WITH CHEF SCOTT 2:45-3:45PM	① TRIVIA/JEOPARDY 2:30-3:45PM	BOOK CLUB 9:30-10AM BREAKFAST CLUB 10-11AM LUNCH 11AM-12PM AROUND THE WORLD COOKING 12-1PM GAMES 1:30-2:15PM MUSIC CREATIONS 2:30-3:45PM	① SHOPPING 12-2PM (TRANSPORTATION PICK UP, DROP OFF IF STAYING FOR AFTERNOON PROGRAM) ① GROUP GAMES GYM 2:30-4PM	26
27	28			◆ = SPECIAL EVENT ① = TRANSPORTATION HOME PROVIDED	ALL CLASSES AND ACTIVITIES ARE SUBJECT TO CHANGE DEPENDENT ON WEATHER	NOTE: Spots are limited. Registration for certain activities/ events might close in advance.
① BRUNCH N FUN 9:30AM-1:30PM (TRANSPORTATION BOTH WAYS PROVIDED, PICK UP/ DROP OFF TIMES VARY) WE WILL BE PREPARING BREAKFAST WITH CHEF SCOTT	MORNING GROUP/ GAMES 9:30-10:15AM NUTRITION 10:15-11:15AM LUNCH 11AM-12PM NO BAKE BAKING 12-1PM FITNESS 1-1:30PM					

- Please sign up as early as possible to reserve spot for R.E.C. Connect Activities!
- Pre-screening will take place every day upon drop off at IKUS Life Enrichment Services.
- The consent form that describes the new safety precautions must be filled out or verbal consent given prior to resuming services. Also contact information must be updated so that we are able to reach care providers and guardians promptly in case someone is displaying symptoms.
- Each in-person activity will cost \$1 for Kent County members unless stated otherwise on the calendar.

- Pick up for the evening programs that are outings Monday-Friday (going to parks, Blandford Nature Center, etc.) will be at the location of the community event for Holland and Grand Haven and community members.
- Sign up opens the 4th Monday of the month prior. Space for activities is limited and dependent on staff availability. Regular participation on a specific day of the week doesn't ensure that spot will be open the next month. Participants must sign up each month, for the classes they want to go to.



These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.

PLEASE NOTE: Transportation is provided for Ottawa County residents only.

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