



R.E.C. CONNECT [RECREATION • EXPERIENCE • COMMUNITY]

OCTOBER 2021 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>◆ = SPECIAL EVENT</p> <p>Ⓣ = TRANSPORTATION HOME PROVIDED</p>	<p>ALL CLASSES AND ACTIVITIES ARE SUBJECT TO CHANGE DEPENDENT ON WEATHER</p>	<p>NOTE: Spots are limited. Registration for certain activities/ events might close in advance.</p>			1	2
3	<p>4</p> <p>MORNING GROUP 9:30-10:15AM</p> <hr/> <p>REC FITNESS,ARTS & CRAFTS OR MUSIC 10:15-11AM</p> <hr/> <p>LUNCH 11AM-12PM</p> <hr/> <p>GARDENING OUTDOORS WITH CHEF SCOTT 12-1:30PM</p>	<p>5</p> <p>ZOO 9:30AM-1:30PM</p> <hr/> <p>Ⓣ GAMES & GRUB 2:45-4PM</p>	<p>6</p> <p>Ⓣ OPEN GYM 2:45-4PM</p>	<p>7</p> <p>COMMUNITY OUTING 9:30AM-1:30PM</p>	<p>8</p> <p>Ⓣ BOWLING HUDSONVILLE LANES 9:30AM-1:30PM (PICK UP & DROP OFF TRANSPORTATION PROVIDED FOR OTTAWA COUNTY MEMBERS, DEPENDENT ON STAFF, TIMES WILL VARY)</p>	<p>9</p> <p>CARS & COFFEE GR CAR SHOW + APPLE ORCHARD 9AM-3PM (PICK UP & DROP OFF KPW, DONUTS & CIDER PROVIDED, PLEASE BRING MONEY IF INTERESTED IN BUYING ANYTHING AT THE CAR SHOW OR APPLE ORCHARD)</p>
10	<p>11</p> <p>MORNING GROUP 9:30-10:15AM</p> <hr/> <p>REC FITNESS,ARTS & CRAFTS OR MUSIC 10:15-11AM</p> <hr/> <p>LUNCH 11AM-12PM</p> <hr/> <p>GARDENING OUTDOORS WITH CHEF SCOTT 12-1:30PM</p>	<p>12</p> <p>GRPM BATS MASTER OF THE NIGHT EXHIBIT 9:30AM-1:30PM</p> <hr/> <p>Ⓣ COOKING WITH CHEF SCOTT 2:45-4PM</p>	<p>13</p> <p>Ⓣ SCAVENGER HUNT AROUND IKUS 2:45-4PM</p>	<p>14</p> <p>MORNING GROUP 9:30-10AM</p> <hr/> <p>HEALTHY LIVING 10-11AM</p> <hr/> <p>LUNCH 11AM-12PM</p> <hr/> <p>OUTDOOR COOKING/ NATURE 12-1:30PM</p> <hr/> <p>Ⓣ ARTS & CRAFTS 2:45-4PM</p>	<p>15</p> <p>Ⓣ DISC GOLF + COMMUNITY EXPLORATION 9:30AM-1:30PM (PICK UP & DROP OFF TRANSPORTATION PROVIDED FOR OTTAWA COUNTY MEMBERS, DEPENDENT ON STAFF, TIMES WILL VARY)</p>	16

PRE-REGISTRATION (AT LEAST 24 HOURS IN ADVANCE) IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND SPECIAL EVENTS.
 ** See back page for program descriptions. ** To register, email maten@ikuslife.org or call 616.677.5251, ext. 119.



OCTOBER 2021 CALENDAR

To attend a class, activity or event, members must have completed a member profile and paid their membership fees.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17	18 MORNING GROUP 9:30-10:15AM REC FITNESS, ARTS & CRAFTS OR MUSIC 10:15-11AM LUNCH 11AM-12PM GARDENING OUTDOORS WITH CHEF SCOTT 12-1:30PM	19 FREDERIK MEIJER GARDENS & PICNIC 9:30AM-1:30PM ① GAMES & GRUB 2:45-4PM	20 ① MUSIC CREATIONS 2:45-4PM	21 MORNING GROUP 9:30-10AM HEALTHY LIVING 10-11AM LUNCH 11AM-12PM OUTDOOR COOKING/ NATURE 12-1:30PM ① FAMILY FEUD/ JEOPARDY 2:45-4PM	22 ① HALLOWEEN MOVIE & PIZZA 2:45-5PM (DROP OFF KPW TRANSPORTATION HOME PROVIDED)	23
24	25 MORNING GROUP 9:30-10:15AM REC FITNESS, ARTS & CRAFTS OR MUSIC 10:15-11AM LUNCH 11AM-12PM GARDENING OUTDOORS WITH CHEF SCOTT 12-1:30PM	26 HALLOWEEN AND FALL THEMED ACTIVITIES 9:30AM-1:30PM ① COOKING WITH CHEF SCOTT 2:45-4PM	27 ① HALLOWEEN COOKIE DECORATING 2:45-4PM	28 MORNING GROUP 9:30-10AM HEALTHY LIVING 10-11AM LUNCH 11AM-12PM OUTDOOR COOKING/ NATURE 12-1:30PM ① MUSIC CREATIONS 2:45-4PM	29 ① BOWLING HUDSONVILLE LANES 9:30AM-1:30PM (PICK UP & DROP OFF TRANSPORTATION PROVIDED FOR OTTAWA COUNTY MEMBERS, DEPENDENT ON STAFF, TIMES WILL VARY)	30

- Please sign up as early as possible to reserve spot for R.E.C. Connect Activities!
- Pre-screening will take place every day upon drop off at IKUS Life Enrichment Services.
- The consent form that describes the new safety precautions must be filled out or verbal consent given prior to resuming services. Also contact information must be updated so that we are able to reach care providers and guardians promptly in case someone is displaying symptoms.
- Each in-person activity will cost \$1 for Kent County members unless stated otherwise on the calendar.

- Pick up for the evening programs that are outings Monday-Friday (going to parks, Blandford Nature Center, etc.) will be at the location of the community event for Holland and Grand Haven and community members.
- Sign up opens the 4th Monday of the month prior. Space for activities is limited and dependent on staff availability. Regular participation on a specific day of the week doesn't ensure that spot will be open the next month. Participants must sign up each month, for the classes they want to go to.



These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.

PLEASE NOTE: Transportation is provided for Ottawa County residents only.

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