

IKUS Activity Packet
Week of May 22-May 29

Please answer these questions and email them back to us. You can also respond to these questions on our Facebook page or at ikuslife.org! Please e-mail all responses to the manager of your program Myles maten@ikuslife.org or Anne-Marie at amshumaker@ikuslife.org. We look forward to hearing from you!

Questions:

1. If you could have any kind of pet, what would you have?
2. Do you collect anything?
3. What is something you look forward to doing when IKUS opens?
4. Would you rather live 200 years in the future or 200 years in the past?
5. For the rest of your life, would you rather always walk on five-foot stilts or ride a unicycle to get around?



OUTDOOR ADVENTURE HUNT

- Something colorful.
- A pinecone.
- An acorn.
- Something smooth.
- Something rough.
- Two kinds of leaves.
- Two kinds of sticks.
- Something bumpy.
- A flat rock.
- Something fuzzy.
- Something pretty.
- A chewed leaf.
- A flower or petal.
- A piece of litter.
- Something you think is a treasure.



Nature Jeopardy

<https://jeopardylabs.com/play/nature-jeopardy18>



OUTDOORS



X	H	G	N	N	B	J	X	B	F
T	C	D	B	I	K	Q	I	E	G
H	R	V	G	A	B	R	Y	X	F
C	I	E	R	T	D	S	R	L	A
R	L	C	E	N	U	E	J	L	M
X	Y	M	X	U	W	Q	A	A	T
T	F	Z	H	O	U	S	E	K	Y
E	K	K	L	M	Y	R	P	E	Y
I	Y	F	W	D	Y	Q	I	L	A
M	S	O	F	V	F	S	D	D	M

Search the following words in the word puzzle.

BIRD

LAKE

FLOWER

MOUNTAIN

HOUSE

TREE



At the Beach



o l a e u c e c c b e d
j o r n u i a y z w y l
d t g x q d s o s a n d
w i r h p h t w n j h b
w o m z w z l v j m b n
f n t u b e e v z m h o
s w i m m i n g s u i t
c t o w e l k q z b f o
r v u l b a l l o j s v
a u z g g j b e a c h d
b s u n g l a s s e s z
i c e c r e a m u b a x

beach towel castle
crab sand lotion
sunglasses swimming suit
tube ball ice cream





Picnic Word Search



basket

blanket

cake

cheese

cookies

drinks

eggs

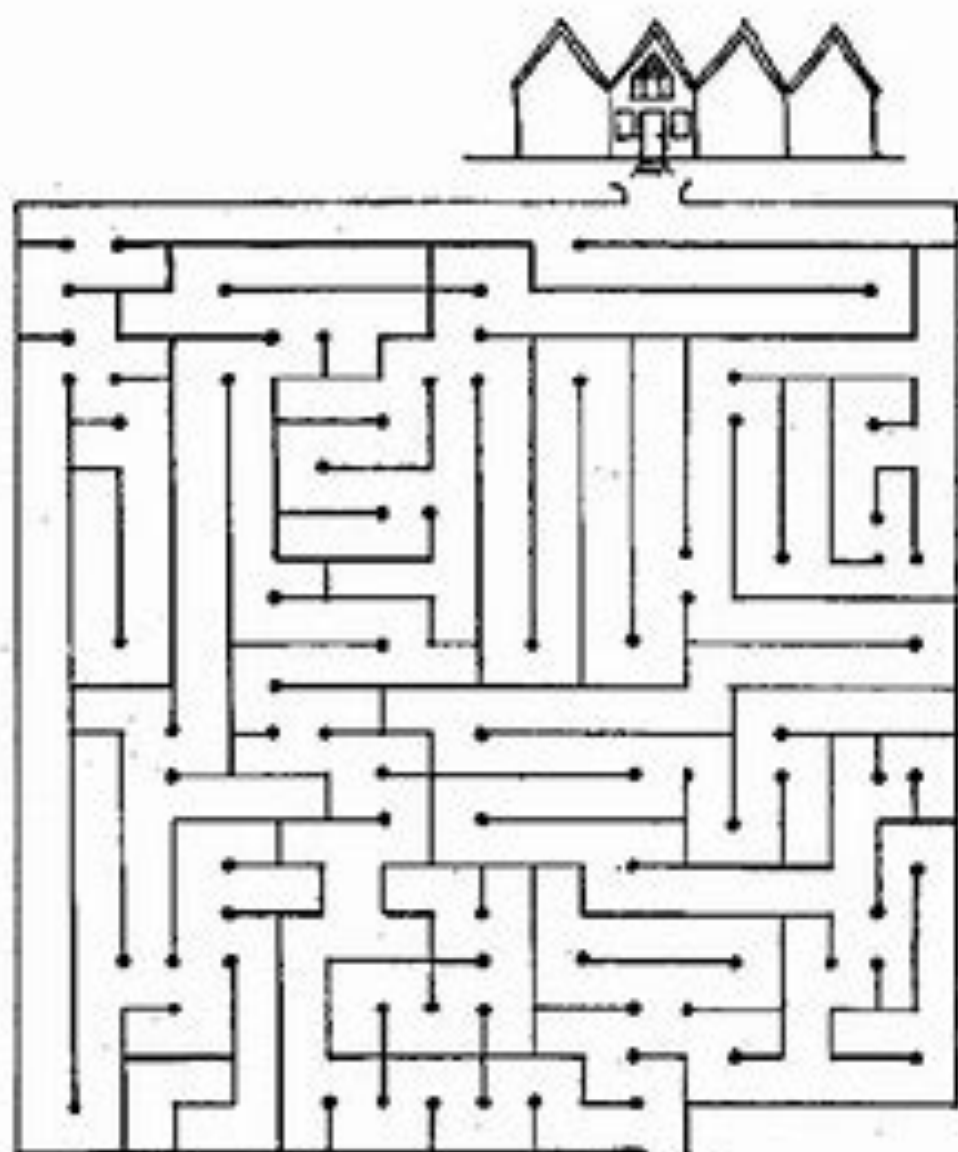
grapes

juice

napkins

sandwiches

sausages



There are two ways
from the park to home.

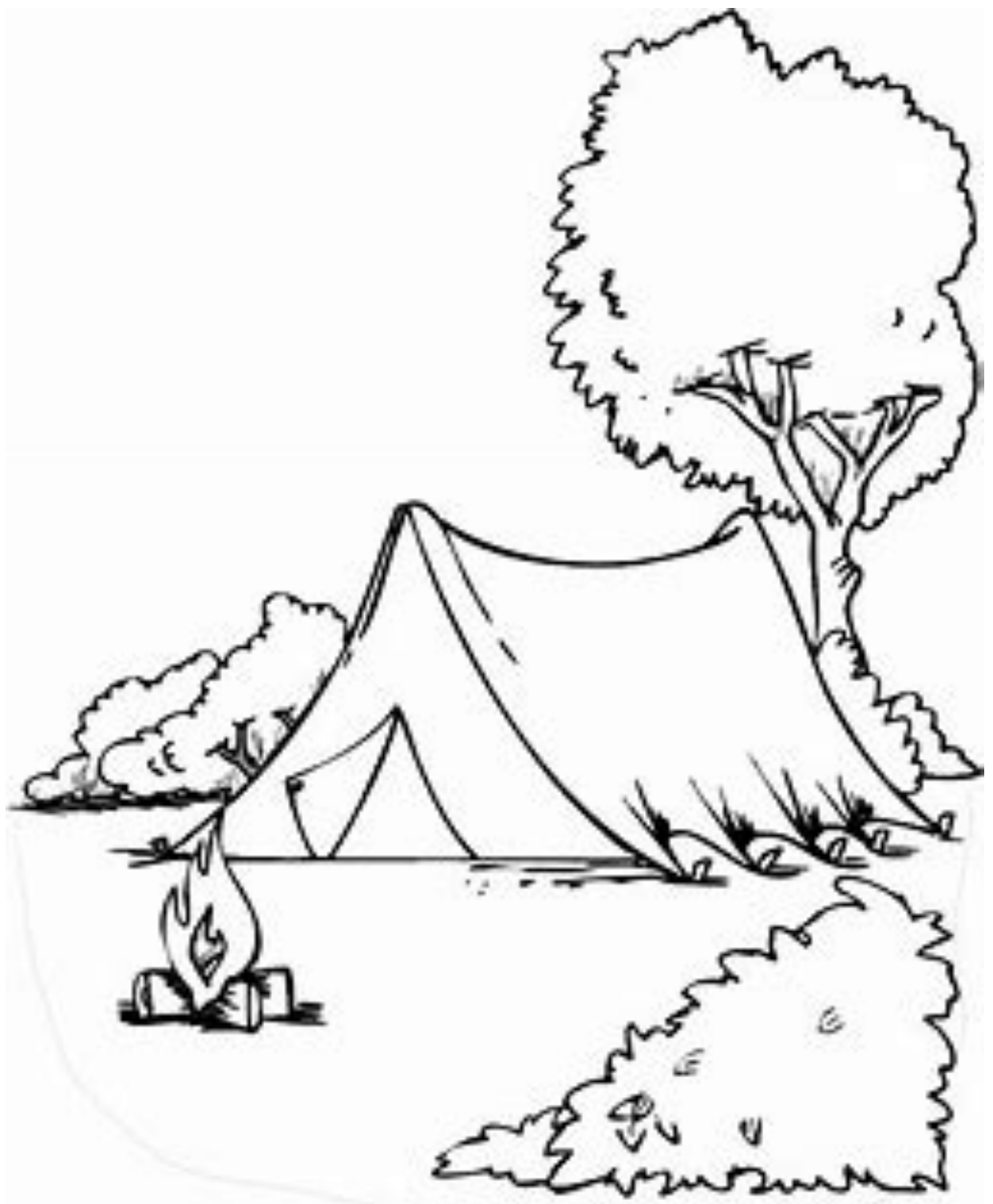
Can you find both?











Crafts:



Nature Tree



Materials:

- Paper (white and brown)
- Collect things from nature
- Glue

Directions:

- Cut a tree out of the brown paper
- Glue the tree down and cover the top with things you collect while on your scavenger hunt



Materials:

- Twig
- Helicopters
- Glue
- Paint

Directions:

- Paint your helicopters and part or all of the twig
- Glue the helicopters on to the twig to make it look like wings



Materials:

- Twigs
- Yarn/String

Directions:

- Find twigs and make out letters to your name
- Use string to tie them together and cover them

Science:



Materials:

- 1 cup fine white craft sand, (found at craft stores or online)
- 1 tablespoon cornstarch
- 1 tablespoon unscented liquid dish soap
- 1 bottle (4 ounces white or 5 ounces clear) washable school glue
- Food coloring or dye
- All Natural Pure Vanilla or Almond Extract
- 3 teaspoons contact lens solution

Directions:

- Mix sand, cornstarch, and dish soap in a medium glass bowl until well blended.
- Stir in glue, desired food color(s) and extract(s) until well blended and you get the color and smell you want.
- Stir in contact solution, 1 teaspoon at a time, until mixture becomes difficult to stir and is no longer sticky. (If necessary, add more contact solution until desired consistency.)
- Knead in hands until you form a ball that is slightly wet, but does not stick to hands. (Slime is ready to use when you can touch the slime and pull your fingers away without anything sticking to them.)
- Store slime in an airtight container when not using.



Materials:

- Vinegar
- Different rocks
- Glass bowls

Directions:

- Find different color, sizes, and type of rocks
- Put rocks into a bowl
- Pour vinegar over the rocks and watch to see if they react
- Leave the rocks for a couple of hours and see if there is any change

Cooking:

Hot Ham and Cheese Sandwiches

Ingredients:

- 1 to 2 lb deli-sliced ham
- 12 Hawaiian rolls(any type of roll will work, Hawaiian is my personal preference)
- 12 slices Swiss, Pepper Jack Provolone cheese
- 1/2 cup butter, melted
- 1 1/2 tablespoons Dijon mustard
- 1 tablespoon garlic powder
- 1 tablespoon brown sugar



Directions:

- Prepare 6 sheets of heavy-duty foil.
- Divide the ham between the 12 rolls. Top the ham with a slice of cheese, then place the top of the roll on top. Place 2 sandwiches onto each piece of foil.
- Combine the melted butter, Dijon, garlic powder and brown sugar. Pour evenly over the tops of the sandwiches.

- Fold the sides of each packet up and seal closed. Place the packets on warm campfire coals or preheated grill. Cook, turning frequently, until the cheese is melted and the rolls are lightly toasted, 8 -13 minutes.

Equipment:

- Heavy duty tin foil
- Grill or Campfire
- Oven mitts
- Tongs

Chef's Tips:

- Must use heavy duty foil, standard foil will likely tear and drip liquid into the fire.
- Must use personal protective equipment while making food over an open fire
- Take out the ham, add kale and a few apple slices for a hot veggie sandwiches

Gardening:

Toilet roll seedling pots

Materials:

- Cardboard toilet roll tubes
- Scissors
- Compost/potting soil
- Glue
- Seeds – use seed in season and will sprout quickly!



Directions:

- Use the scissors, make four even cuts from the base of a toilet roll tube to about a quarter of the way up.
- Fold the cut sections inwards to make a base, so your toilet roll tube forms a cup.
- Fill the tube with moist compost, and poke the seeds down into the soil. Repeat with the rest of the tubes until you have a mini-garden going.
- Remember to care for their seedlings by spraying them with a little water once a day.
- When the seedlings are big enough to re-pot , take the tubes with your new seedlings and plant them in bigger pots, in a raised bed, garden or recycle something at home like an empty plastic bottle! (see below)

Experiment with your food cupboard and fridge

If you're looking for seeds for an indoor gardening activities, look no further than your own kitchen. Here are a few seeds you could try growing:

- Poppy seeds (in soil – use one of the toilet roll seed pots)
- Pumpkin seeds (in soil)
- Partially sprouted potatoes (in soil)
- Partially sprouted onions (in soil)
- Beet or Carrot tops (in a jar of water placed on the window sill)
- Sunflower seeds (in soil)
- Lemon seeds (in soil)
- Tomato seeds (in soil, and seeds should be dried before planting)

Plastic Water Bottle Hanging Tomato Planters

Make use of a small space, like a deck or front porch, to produce delicious tomatoes in empty water or soda bottles. While recycling at the same time and be able to watch a plant's life cycle!

