

Connect With R.E.C. Connect

April 2020



Looking Forward

The IKUS staff are excited to see everyone again once it is safe to do so! At IKUS Life Enrichment Services we are continuing to assess the current situation of Covid-19 and determining when and what it will look like once we begin to offer programs onsite. We will send out updates as decisions are made.

It looks like the warm weather has arrived and it is hopefully here to stay. This is the perfect time to go outside and enjoy the warm weather while practicing social distancing!



Spring & Summer Update

We hope all of you have been enjoying the fun activity packets! Weekly activity packets continue to be sent out and made available each week. The packets have included exercises, science experiments, craft ideas, tasty recipes from Chef Scott, gardening ideas, puzzles, and more! Please take the time to answer the 5 weekly questions which are emailed on Fridays and also posted on the Facebook page. Answers can either be sent in email or posted in comments under the Facebook post. We would love to hear everyone's responses if you feel like sharing!

There will be new classes and opportunities offered this Spring & Summer. These include, but are not limited to, community exploration, outdoor cooking, how things work, and nature exploration! Members will have the opportunity to go bowling, shopping, and explore in their community Tuesdays mornings from 10:15am-12:30pm. There will also be weekly outdoor cooking classes, nature hikes and outdoor activities that Chef Scott will be helping with! Lastly, have you ever been curious how various items work? During the new "how things work" class you will have the chance to try new experiments, be an engineer and design hands-on projects!



These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.

For questions or to register for R.E.C. Connect, contact Myles at maten@ikuslife.org