



indian
trails
camp

R.E.C. CONNECT [RECREATION • EXPERIENCE • COMMUNITY]

FEBRUARY 2020 CALENDAR

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|--|---|--------------------------------|------------------------------------|
| ALL CLASSES AND ACTIVITIES ARE SUBJECT TO CHANGE DEPENDENT ON WEATHER | NOTE: Registration for certain activities/events might close in advance depending on cost and staffing required. | ◆ = SPECIAL EVENT Ⓣ = TRANSPORTATION HOME PROVIDED | | | | |
| 2 | 3 HEALTHY LIVING 9:30AM RECREATIONAL FITNESS 10:30AM CREATIVE ARTS 12:30PM | 4 SCIENCE DISCOVERIES 9:30AM GAME ZONE 10:30AM CREATIVE ARTS 12:30PM Ⓣ GAMES & GRUB 3PM | 5 ◆ GRAND RAPIDS BALLET 1PM Ⓣ ◆ HARRY POTTER VIEWING CLUB 2:30PM | 6 BREAKFAST CLUB 9:30AM REC. FITNESS 10:30AM PERFORMING ARTS 12:30PM Ⓣ ◆ COOKING WITH CHEF SCOTT 3PM | 7 | 8 ◆ WINTER WONDERLAND 4:30PM |
| 9 | 10 HEALTHY LIVING 9:30AM RECREATIONAL FITNESS 10:30AM CREATIVE ARTS 12:30PM | 11 SCIENCE DISCOVERIES 9:30AM GAME ZONE 10:30AM CREATIVE ARTS 12:30PM Ⓣ GAMES & GRUB 3PM | 12 Ⓣ ◆ MUSIC CREATION 3PM | 13 BREAKFAST CLUB 9:30AM REC. FITNESS 10:30AM PERFORMING ARTS 12:30PM | 14 Ⓣ ◆ FRIDAY NIGHT FUN 3PM | 15 |
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PRE-REGISTRATION (AT LEAST 24 HOURS IN ADVANCE) IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND SPECIAL EVENTS.
 ** See back page for program descriptions. ** To register, email maten@ikuslife.org or call 616.677.5251, ext. 119.



FEBRUARY PROGRAM DESCRIPTIONS

To attend a class, activity or event, members must have completed a member profile and paid their \$1 yearly membership fee.

CLASSES & ACTIVITIES

HEALTHY LIVING

Mondays—Together we will work on improving our daily life skills and abilities, all while having fun. Everything from basic cooking to budgeting our money, this is a great opportunity to come and learn something new.

Drop off & pick up: Kate Pew Wolters Center
Time: 9:30am-10:30am

RECREATIONAL FITNESS

Mondays & Thursdays—Fitness can be fun! Come out for an hour of fun games and activities that will get you moving. Together we will work towards living a healthier life!

Drop off & pick up: Kate Pew Wolters Center
Time: 10:30am-11:15am

CREATIVE ARTS

Mondays & Tuesdays—Get ready to create! We will be experimenting with different forms of arts and crafts, music, and much more! Let your inner artist take over for an afternoon full of creativity and expression.

Drop off & pick up: Kate Pew Wolters Center
Time: 12:30pm-1:30pm

GAMES & GRUB

Tuesdays—Join us on Tuesdays for fun social activities involving cooking, conversation, and competition. This two hour activity includes making a meal and interactive games. You're welcome to bring your own games and beverages. Food, games, and transportation home will be provided.

Drop off: Kate Pew Wolters Center, transportation home provided
Time: 3pm-5pm *Times home may vary*

SCIENCE DISCOVERIES

Tuesdays—Learn about the many wonders of the world! There will be mini units that will focus on specific topics such as space, oceans, rainforest, geology and volcanos. Members will learn about each topic through fun, hands-on activities, experiments and watch a video to wrap up each unit.

Drop off & pick up: Kate Pew Wolters Center
Time: 9:30am-10:30am

GAME ZONE

Tuesdays—Come on out and get your gaming on. Members will have the opportunity to play cards, learn new board games and participate in a variety of group games in the gym!

Drop off & pick up: Kate Pew Wolters Center
Time: 10:30am-11:30am

BREAKFAST CLUB

Thursdays—Members will learn step-by-step how to make different breakfast foods. We will learn about healthy food choices, how to read recipes and will review safety in the kitchen!

Drop off & pick up: Kate Pew Wolters Center
Time: 9:30am-10:30am

PERFORMING ARTS

Thursdays—Members will have the opportunity to explore various forms of performing arts. Drum circles, karaoke, improv, and skits are some of the areas of performing arts that will be explored.

Drop off & pick up: Kate Pew Wolters Center
Time: 12:30am-1:30pm

SPECIAL EVENTS

GRAND RAPIDS BALLET COMPANY

Wednesday, February 5 & Wednesday, February 19—Grand Rapids Ballet Company is back! Join your friends for a fun adapted ballet workshop. Representatives from GR Ballet Company will be leading you through various seated and standing routines.

Drop off & pick up: Kate Pew Wolters Center
Time: 1pm-2pm

** There will be an activity scheduled from 2-2:45pm for those staying for the evening program.*

HARRY POTTER VIEWING CLUB

Wednesday, February 5—Join your friends as they enjoy watching the Harry Potter series. This month we will be watching Harry Potter and the Chamber of Secrets. Snacks will be provided.

Drop off: Kate Pew Wolters Center, transportation home provided
Time: 2:30pm-5:15pm *Times home may vary*

COOKING WITH CHEF SCOTT

Thursday, February 6 & Thursday, February 20—Join your friends at R.E.C Connect as they learn step by step how to cook delicious meals, with the help of Chef Scott!

Drop off: Kate Pew Wolters Center, transportation home provided
Time: 3pm-4:30pm *Times home may vary*

WINTER WONDERLAND

Saturday, February 8—Join your friends for a fun filled day at IKUS Life Enrichment Services. Participants will be learning how to make clay sculptures, having a pizza party, playing games and going to the Snow Ball Dance at IKUS! The Snow Ball Dance is from 6:30pm to 8:30pm for those who want to come only for the dance.

Drop off & Pick up: Kate Pew Wolters Center
Time: 4:30pm-8:30pm

MUSIC CREATION

Wednesday, February 12 & Thursday, February 27—Time to rock out at IKUS! Come play the drums, guitars and piano that will be set up on stage. No experience is required. There will be opportunities for participants to sing and dance to their favorite songs!

Drop off: Kate Pew Wolters Center, transportation home provided
Time: 3pm-4:30pm *Times home may vary*

FRIDAY NIGHT FUN

Friday, February 14—Join your friends for games and then a tasty dinner at a local restaurant!

Drop off: Kate Pew Wolters Center, transportation home provided
Time: 3pm-5:30pm *Times home may vary*

GAME NIGHT

Wednesday, February 19—Come on out and play some fun board games and cards, while enjoying some complementary snacks!

Drop off: Kate Pew Wolters Center, transportation home provided
Time: 3pm-4:30pm *Times home may vary*

SATURDAY ADVENTURES

Saturday, February 22—Join your friends for a day of fun filled activities! First, we will be going to the Grand Rapids Public Museum and then we will be going out to lunch!

Drop off: Kate Pew Wolters Center, transportation home provided
Time: 10am-2pm *Times home may vary*

RECREATIONAL FITNESS

Wednesday, February 26—Fitness can be fun! Come out for an hour of fun games and activities that will get you moving. Together we will work towards living a healthier life!

Drop off: Kate Pew Wolters Center, transportation home provided
Time: 2:30-4pm *Times home may vary*

PLEASE NOTE: Transportation is provided for Ottawa County residents only.

PRE-REGISTRATION (AT LEAST 24 HOURS IN ADVANCE) IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND SPECIAL EVENTS.
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