



R.E.C. CONNECT [RECREATION • EXPERIENCE • COMMUNITY]

MAY 2019 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 ◆ GRAND RAPIDS BALLET COMPANY 12PM ◆ COSTUME CREATION FOR IKUS SUPERHERO DAY 3PM (TRANSPORTATION HOME PROVIDED)	2	3	4
5	6 HEALTHY LIVING 9:30AM RECREATIONAL FITNESS 10:30AM CREATIVE ARTS 12:30PM	7 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	8	9 ◆ COSTUME CREATION FOR IKUS SUPERHERO DAY 3PM (TRANSPORTATION HOME PROVIDED)	10	11 ◆ IKUS AND FRIENDS SUPERHERO DAY 1PM ◆ DETROIT LIONS VS OTTAWA COUNTY 6:30PM (TRANSPORTATION HOME PROVIDED)
12	13 HEALTHY LIVING 9:30AM RECREATIONAL FITNESS 10:30AM CREATIVE ARTS 12:30PM	14 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	15 ◆ GRAND RAPIDS BALLET COMPANY 12PM ◆ STAR WARS VIEWING CLUB (EPISODE 6) 3PM (TRANSPORTATION HOME PROVIDED)	16	17	18
19	20 HEALTHY LIVING 9:30AM RECREATIONAL FITNESS 10:30AM CREATIVE ARTS 12:30PM	21 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	22	23	24 ◆ GARDENING WITH MASTER GARDENER SCOTT 3PM (TRANSPORTATION HOME PROVIDED)	25
26	27 HAPPY MEMORIAL DAY! NO R.E.C. CONNECT	28 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	29	30	31	

PRE-REGISTRATION (AT LEAST 24 HOURS IN ADVANCE) IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND SPECIAL EVENTS.
 ** See back page for program descriptions. ** To register, email info@ikuslife.org or call 616.677.5251, ext. 100. ◆ = SPECIAL EVENT



MAY PROGRAM DESCRIPTIONS

To attend a class, activity or event, members must have completed a member profile and paid their \$1 yearly membership fee.

CLASSES & ACTIVITIES

HEALTHY LIVING

Mondays—Together we will work on improving our daily life skills and abilities, all while having fun. Everything from basic cooking to budgeting our money, this is a great opportunity to come and learn something new.

Drop off & pick up: Kate Pew Wolters Center
Time: 9:30am-10:30am

RECREATIONAL FITNESS

Mondays—Fitness can be fun! Come out for an hour of fun games and activities that will get you moving. Together we will work towards living a healthier life!

Drop off & pick up: Kate Pew Wolters Center
Time: 10:30am-11:30am

CREATIVE ARTS

Mondays—Get ready to create! We will be experimenting with different forms of arts and crafts, music, and much more! Let your inner artist take over for an afternoon full of creativity and expression.

Drop off & pick up: Kate Pew Wolters Center
Time: 12:30pm-1:30pm

GAMES & GRUB

Tuesdays—Join us on Tuesdays for fun social activities involving cooking, conversation, and competition. This two hour activity includes making a meal and interactive games. You're welcome to bring your own games and beverages. Food, games, and transportation home will be provided.

Drop off: Kate Pew Wolters Center, transportation home provided
Time: 3pm-5pm *Times home may vary*

SPECIAL EVENTS

GRAND RAPIDS BALLET COMPANY

Wednesday, May 1 & 15—The Grand Rapids Ballet Company will be here to show us some moves! Come on by to see what they got!

Drop off & pick up: Kate Pew Wolters Center
Time: 12pm-1pm

COSTUME CREATION FOR IKUS SUPERHERO DAY

Wednesday, May 1 & Thursday, May 9—To get ready for the upcoming Superhero Day on May 11th, let's get together to make our very own superhero costumes. Capes, crowns, masks & more! Bring materials and/or old costumes that need updating if you would like—if not, we will provide some!

Drop off Kate Pew Wolters Center, transportation home provided
Time: 3pm-4:30pm *Times home may vary*

IKUS & FRIENDS SUPERHERO DAY

Saturday, May 11—Calling all the superheroes! Come celebrate comic culture & superheroes with us with crafts, games and an opportunity to earn your superhero certificate. Costumes are encouraged but optional.

Drop off & pick up: Kate Pew Wolters Center
Time: 1pm-3pm

DETROIT LIONS VS OTTAWA COUNTY DEPUTIES BASKETBALL GAME

Saturday, May 11—This is a local basketball game unlike all others! Come cheer on the teams and show your support! Limited tickets so sign up quick.

Drop off Kate Pew Wolters Center, transportation home provided
Time: 6:30pm-8:30pm *Times home may vary*

STAR WARS VIEWING CLUB

Wednesday, May 15—Join us while we watch some of IKUS's favorite movie series "Star Wars" and have some snacks together.

Drop off Kate Pew Wolters Center, transportation home provided
Time: 3pm-5pm *Times home may vary*

GARDENING WITH MASTER GARDENER SCOTT

Friday, May 24—Get ready to get in the dirt! Master Gardener Scott will be teaching us about gardening as we help him plant and tend to vegetables at camp.

Drop off Kate Pew Wolters Center, transportation home provided
Time: 3pm-4:30pm *Times home may vary*
Time: 3pm-5pm *Times home may vary*

PLEASE NOTE: Transportation is provided for Ottawa County residents only.

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