



# R.E.C. CONNECT [RECREATION • EXPERIENCE • COMMUNITY]

## APRIL 2019 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 HEALTHY LIVING 9:30AM RECREATIONAL FITNESS 10:30AM CREATIVE ARTS 12:30PM	2 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	3 ◆ GRAND RAPIDS BALLET COMPANY 12PM ◆ STAR WARS VIEWING CLUB (EPISODE 4) 3PM (TRANSPORTATION HOME PROVIDED)	4 SOMIFIT 10AM	5	6
7	8 HEALTHY LIVING 9:30AM RECREATIONAL FITNESS 10:30AM CREATIVE ARTS 12:30PM	9 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	10 ◆ GRAND RAPIDS GRIFFINS VS. IOWA WILD 6:30PM (TRANSPORTATION HOME PROVIDED)	11 SOMIFIT 10AM	12	13
14	15 HEALTHY LIVING 9:30AM RECREATIONAL FITNESS 10:30AM CREATIVE ARTS 12:30PM	16 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	17 ◆ GRAND RAPIDS BALLET COMPANY 12PM ◆ STAR WARS VIEWING CLUB (EPISODE 5) 3PM (TRANSPORTATION HOME PROVIDED)	18 SOMIFIT 10AM ◆ OPEN ART STUDIO AT ARTS IN MOTION STUDIO 5:30PM (TRANSPORTATION HOME PROVIDED)	19 ◆ EASTER EGG HUNT 12:30 PM	20 ◆ SENSORY SHOWTIME: MISSING LINK 9:30AM (TRANSPORTATION HOME PROVIDED)
21	22 HEALTHY LIVING 9:30AM RECREATIONAL FITNESS 10:30AM CREATIVE ARTS 12:30PM	23 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	24 ◆ BUTTERFLY FEEDER CRAFT CLASS 3PM (TRANSPORTATION HOME PROVIDED)	25 SOMIFIT 10AM	26 ◆ COOKING AROUND THE WORLD WITH CHEF SCOTT 3PM (TRANSPORTATION HOME PROVIDED)	27 ◆ FMG BUTTERFLY EXHIBIT 11AM (TRANSPORTATION HOME PROVIDED)
28	29 HEALTHY LIVING 9:30AM RECREATIONAL FITNESS 10:30AM CREATIVE ARTS 12:30PM	30 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)				

PRE-REGISTRATION (AT LEAST 24 HOURS IN ADVANCE) IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND SPECIAL EVENTS.  
 \*\* See back page for program descriptions. \*\* To register, email [info@ikuslife.org](mailto:info@ikuslife.org) or call 616.677.5251, ext. 100. ◆ = SPECIAL EVENT



# APRIL PROGRAM DESCRIPTIONS

To attend a class, activity or event, members must have completed a member profile and paid their \$1 yearly membership fee.

## CLASSES & ACTIVITIES

### HEALTHY LIVING

**Mondays**—Together we will work on improving our daily life skills and abilities, all while having fun. Everything from basic cooking to budgeting our money, this is a great opportunity to come and learn something new.  
**Drop off & pick up: Kate Pew Wolters Center**  
**Time: 9:30am-10:30am**

### RECREATIONAL FITNESS

**Mondays**—Fitness can be fun! Come out for an hour of fun games and activities that will get you moving. Together we will work towards living a healthier life!  
**Drop off & pick up: Kate Pew Wolters Center**  
**Time: 10:30am-11:30am**

### CREATIVE ARTS

**Mondays**—Get ready to create! We will be experimenting with different forms of arts and crafts, music, and much more! Let your inner artist take over for an afternoon full of creativity and expression.  
**Drop off & pick up: Kate Pew Wolters Center**  
**Time: 12:30pm-1:30pm**

### GAMES & GRUB

**Tuesdays**—Join us on Tuesdays for fun social events involving cooking, conversation, and competition. This two hour event includes making a meal and interactive games. You're welcome to bring your own games and beverages. Food, games, and transportation home will be provided.  
**Drop off: Kate Pew Wolters Center, transportation home provided**  
**Time: 3pm-5pm \*Times home may vary\***

### SOMIFIT

**Thursdays**—In partnership with Special Olympics of Michigan, SOMIfit is a program designed around developing healthy communities by giving access and opportunity to improve the health status of people with all abilities. Participants are offered a comprehensive, 360-degree look at wellness and the human spirit. Participants are empowered to challenge and change the way they approach diet, daily exercise and lifestyle choices.  
**Drop off & pick up: Kate Pew Wolters Center**  
**Time: 10am-11am**

## SPECIAL EVENTS

### GRAND RAPIDS BALLET COMPANY

**Wednesday, April 3 & 17**—The Grand Rapids Ballet Company will be here to show us some moves! Come on by to see what they got!  
**Drop off & pick up: Kate Pew Wolters Center**  
**Time: 12pm-1pm**

### STAR WARS VIEWING CLUB

**Wednesday, April 3 & 17**—Join us while we watch some of IKUS's favorite movie series "Star Wars" and have some snacks together.  
**Drop off Kate Pew Wolters Center, transportation home provided**  
**Time: 3pm-5pm \*Times home may vary\***

### GRAND RAPIDS GRIFFINS VS. IOWA WILD

**Wednesday, April 10**—REC Connect is going to cheer on our team! The Grand Rapids Griffins is always a fun game, join us! (NOTE: Limited tickets available—register to reserve spot.)  
**Drop off Kate Pew Wolters Center, transportation home provided**  
**Time: 6:30pm-9:30pm \*Times home may vary\***

### OPEN ART STUDIO AT AIMS

**Thursday, April 18**—Prepare to get creative! We are going to an open studio to create unique art.  
**Drop off Kate Pew Wolters Center, transportation home provided**  
**Time: 5:30pm-7:30pm \*Times home may vary\***

### EASTER EGG HUNT

**Friday, April 19**—There's a lot of easter eggs hiding around camp—join us in this egg-cellent hunt!  
**Drop off & pick up: Kate Pew Wolters Center**  
**Time: 12:30pm-2pm**

### SENSORY SHOWTIME: MISSING LINK

**Saturday, April 20**—We will be attending the sensory friendly movie showing at Celebration Cinema North. We will be seeing "Missing Link" together. Bring money if you would like to enjoy some popcorn during the movie, tickets are on REC Connect.  
**Drop off Kate Pew Wolters Center, transportation home provided**  
**Time: 9:30am-12:30pm \*Times home may vary\***

### BUTTERFLY FEEDER CRAFT CLASS

**Wednesday, April 24**—As an official welcome to Spring, we are going to make Butterfly feeders together. Feel free to take your feeder home, or we can set them up around camp and watch the butterflies!  
**Drop off Kate Pew Wolters Center, transportation home provided**  
**Time: 3pm-5pm \*Times home may vary\***

### COOKING AROUND THE WORLD WITH CHEF SCOTT

**Friday, April 26**—Chef Scott is putting on cooking classes showcasing delicious foods from around the globe. Don't miss this tasty instructional class!  
**Drop off Kate Pew Wolters Center, transportation home provided**  
**Time: 3pm-4:30pm \*Times home may vary\***

### FMG BUTTERFLY EXHIBIT

**Saturday, April 27**—The butterflies are back at Frederik Meijer Gardens! Let's go check 'em out.  
**Drop off Kate Pew Wolters Center, transportation home provided**  
**Time: 11am-1:30pm \*Times home may vary\***

**PLEASE NOTE: Transportation is provided for Ottawa County residents only.**

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