



# R.E.C. CONNECT [RECREATION • EXPERIENCE • COMMUNITY]

## DECEMBER 2018 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 ♦ SATURDAY MORNING MOVIE: RALPH BREAKS THE INTERNET 9:30AM (TRANSPORTATION HOME PROVIDED)
2	3 HEALTHY LIVING 9:30AM RECREATIONAL FITNESS 10:30AM CREATIVE ARTS 12:30PM	4 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	5	6 REC N' FRIENDS 10AM ♦ HOLIDAYS AROUND THE WORLD AT FREDERIK MEIJER GARDENS 3PM (TRANSPORTATION HOME PROVIDED)	7	8 ♦ BREAKFAST WITH SANTA 10AM
9	10 ♦ COMPLETE COOKING 9:30AM	11 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	12 ♦ GRAND RAPIDS BALLET COMPANY 12PM ♦ OPEN STUDIO AT ACT 5PM (TRANSPORTATION HOME PROVIDED)	13 REC N' FRIENDS 10AM ♦ COOKING AROUND THE WORLD WITH CHEF SCOTT 3PM (TRANSPORTATION HOME PROVIDED)	14	15
16	17 HEALTHY LIVING 9:30AM RECREATIONAL FITNESS 10:30AM CREATIVE ARTS 12:30PM	18 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	19 ♦ GRAND RAPIDS GRIFFINS VS. CLEVELAND MONSTERS 6PM—LIMITED TICKETS (TRANSPORTATION HOME PROVIDED)	20 REC N' FRIENDS 10AM ♦ COOKING AROUND THE WORLD WITH CHEF SCOTT 3PM (TRANSPORTATION HOME PROVIDED)	21 ♦ PAJAMA JAM YOUNG ADULTS HOTEL PARTY 7PM (PICK UP AND TRANSPORTATION TO EVENT PROVIDED)	22
23	24	25 NO REC CONNECT—MERRY CHRISTMAS!	26 ♦ SNOWMAN MAKING 101 10AM	27 REC N' FRIENDS 10AM	28	29
30	31 NO REC CONNECT—HAPPY NEW YEAR!					

PRE-REGISTRATION (AT LEAST 24 HOURS IN ADVANCE) IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND SPECIAL EVENTS.  
 \*\* See back page for program descriptions. \*\* To register, email [info@ikuslife.org](mailto:info@ikuslife.org) or call 616.677.5251, ext. 100. ♦ = SPECIAL EVENT



# DECEMBER PROGRAM DESCRIPTIONS

To attend a class, activity or event, members must have completed a member profile and paid their \$1 yearly membership fee.

## CLASSES & ACTIVITIES

### HEALTHY LIVING

**Mondays**—Together we will work on improving our daily life skills and abilities, all while having fun. Everything from basic cooking to budgeting our money, this is a great opportunity to come and learn something new.

**Drop off & pick up:** Kate Pew Wolters Center  
**Time:** 9:30am-10:30am

### RECREATIONAL FITNESS

**Mondays**—Fitness can be fun! Come out for an hour of fun games and activities that will get you moving. Together we will work towards living a healthier life!

**Drop off & pick up:** Kate Pew Wolters Center  
**Time:** 10:30am-11:30am

### CREATIVE ARTS

**Mondays**—Get ready to create! We will be experimenting with different forms of arts and crafts, music, and much more! Let your inner artist take over for an afternoon full of creativity and expression.

**Drop off & pick up:** Kate Pew Wolters Center  
**Time:** 12:30pm-1:30pm

### GAMES & GRUB

**Tuesdays**—Join us on Tuesdays for fun social events involving cooking, conversation, and competition. This two hour event includes making a meal and interactive games. You're welcome to bring your own games and beverages. Food, games, and transportation home will be provided.

**Drop off:** Kate Pew Wolters Center, transportation home provided  
**Time:** 3pm-5pm \*Times home may vary\*

### REC N' FRIENDS

**Thursdays**—This class will feature both indoor and outdoor sensory friendly recreational activities adapted for individuals of all abilities.

**Drop off & pick up:** Kate Pew Wolters Center  
**Time:** 10am-11:30am

### SATURDAY MORNING MOVIE

**Saturday, December 1**—We will be attending the sensory friendly movie showing at Celebration Cinema. We are seeing Wreck it Ralph- Ralph Breaks the Internet.

**Drop off** Kate Pew Wolters Center, transportation home provided  
**Time:** 9:30am-12:30pm \*Times home may vary\*

### HOLIDAYS AROUND THE WORLD

**Thursday, December 6**—Come check out the exhibit at Frederik Meijer Gardens which will be showcasing the different ways people celebrate the holidays around the world!

**Drop off** Kate Pew Wolters Center, transportation home provided  
**Time:** 3pm-5pm \*Times home may vary\*

### BREAKFAST WITH SANTA

**Saturday, December 8**—Come meet jolly Santa, and enjoy a pancake breakfast, holiday activities, and a special gift.

**Drop off & pick up:** Kate Pew Wolters Center  
**Time:** 10am-12pm

### COMPLETE COOKING

**Monday, December 10**—All the way from shopping for ingredients to eating a final product, we will be doing an entire breakfast together.

**Drop off & pick up:** Kate Pew Wolters Center  
**Time:** 9:30am-12pm

### GRAND RAPIDS BALLET COMPANY

**Wednesday, December 12**—The Grand Rapids Ballet Company will be here to show us some moves! Come on by to see what they got!

**Drop off & pick up:** Kate Pew Wolters Center  
**Time:** 12pm-1pm

### OPEN STUDIO AT ACT

**Wednesday, December 12**—We will be going to the "Artists Creating Together" studio downtown to practice our creativity while making very special art!

**Drop off** Kate Pew Wolters Center, transportation home provided  
**Time:** 5pm-7:30pm \*Times home may vary\*

## SPECIAL EVENTS

### COOKING AROUND THE WORLD WITH CHEF SCOTT

**Thursday, December 13 & 20**—Chef Scott is putting on cooking classes showcasing delicious foods from around the globe. Don't miss this tasty instructional class!

**Drop off** Kate Pew Wolters Center, transportation home provided  
**Time:** 3pm-4:30pm \*Times home may vary\*

### GRAND RAPIDS GRIFFINS VS. CLEVELAND MONSTERS

**Wednesday, December 19**—Put on your game face! We will be cheering on the Griffins hockey team together!

**Drop off** Kate Pew Wolters Center, transportation home provided  
**Time:** 6pm-9:30pm \*Times home may vary\*

### PAJAMA JAM YOUNG ADULTS HOTEL PARTY

**Friday, December 21**—Wear your party (pajama) pants! Lonias World Center is putting on a party with games, food, and music. Dance Contest and Prizes!! At the Delta, Marriott Hotel 28th Beltline.

**Time:** 7pm-10pm

**Will pick up participants and drive to event.**

**Participants will need to be picked up from Kate Pew Wolters Center at 10:30pm.**

### SNOWMAN MAKING 101

**Wednesday, December 26**—We will have a class on how to make the perfect snowman, and will make a few of them as groups! Dress warm and wear boots and gloves!

**Drop off & pick up:** Kate Pew Wolters Center  
**Time:** 10am-12pm

**PLEASE NOTE: Transportation is provided for Ottawa County residents only.**

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