



R.E.C. CONNECT [RECREATION • EXPERIENCE • COMMUNITY] OCTOBER CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 JUST DANCE 3PM	3 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	4 INTRO TO DANCE/ BALLET 12PM ◆ ART PRIZE & PICNIC 3PM (TRANSPORTATION HOME PROVIDED)	5 REC N' FRIENDS 10AM SOCIAL SHUFFLE 6PM	6	7
8 ◆ CIDER SOCIAL 2PM	9 JUST DANCE 3PM	10 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	11 FALL FUN FESTIVITIES 3PM	12 REC N' FRIENDS 10AM SOCIAL SHUFFLE 6PM	13 FRIDAY NIGHT FUN: DINNER WITH FRIENDS 5PM (TRANSPORTATION HOME PROVIDED)	14 ◆ FALL FEST 1PM
15	16 JUST DANCE 3PM	17 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	18 INTRO TO DANCE/ BALLET 12PM FALL FUN FESTIVITIES 3PM	19 REC N' FRIENDS 10AM SOCIAL SHUFFLE 6PM	20 ◆ ORCHARD ADVENTURE 3PM (TRANSPORTATION HOME PROVIDED)	21 ◆ TRICK OR TREAT STREET 6PM
22	23 JUST DANCE 3PM	24 GAMES & GRUB 3PM (TRANSPORTATION HOME PROVIDED)	25 FALL FUN FESTIVITIES 3PM	26 REC N' FRIENDS 10AM SOCIAL SHUFFLE 6PM	27 ◆ GRIFFINS GAME 6PM	28 ◆ SPOOKFEST HALLOWEEN PARTY 3PM
29	30 JUST DANCE 3PM	31 ◆ GAMES & GRUB: HALLOWEEN SPECIAL 3PM (TRANSPORTATION HOME PROVIDED)				30

PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND SPECIAL EVENTS.

** See back page for program descriptions. ** To register, email info@ikuslife.org or call 616.677.5251, ext. 100.

◆ = SPECIAL EVENT



OCTOBER PROGRAM DESCRIPTIONS

To attend a class, activity or event, members must have completed a member profile and paid their \$1 yearly membership fee.

CLASSES & ACTIVITIES

JUST DANCE

Mondays from 3pm to 4pm
Kate Pew Wolters Center

Come join us as we JUST DANCE the afternoon away! Enjoy an hour of moves and grooves to step-by-step choreography to the videos of your choosing.

GAMES & GRUB

Tuesdays from 3pm to 5pm
Kate Pew Wolters Center

Join us on Tuesdays for fun social events involving cooking, conversation, and competition. This two-hour event includes making a meal and outdoor games. You're welcome to bring your own games and beverages. (Transportation home provided.)

INTRO TO DANCE/BALLET

Wednesday, October 4 & 18 from noon to 1pm
Kate Pew Wolters Center

Facilitated by principal member(s) of the Grand Rapids Ballet, come and join us in learning basic dance and ballet steps.

FALL FUN FESTIVITIES

Wednesday, October 11, 18, & 25 from 3pm to 4pm
Kate Pew Wolters Center

Come celebrate the beautiful Michigan fall weather! We will partake in hands on activities to create delicious fall-themed treats, and creative seasonal crafts.

REC N' FRIENDS

Thursdays from 10am to 11:30am
Kate Pew Wolters Center

This class will feature both indoor and outdoor sensory friendly recreational activities adapted for individuals of all abilities.

SOCIAL SHUFFLE

Thursdays from 6pm to 7pm
Kate Pew Wolters Center

Come experience all that the world of dance has to offer with our adaptive dance class. We'll explore different dance styles every week. Join the community in this shared new and exciting experience.

FRIDAY NIGHT FUN: DINNER WITH FRIENDS

Friday, October 20 from 5pm to 7pm
meet at the Kate Pew Wolters Center

This will be a monthly club where we get together and enjoy dinner out with friends! For October, we will be going to Crooked Goose on the 20th. Participants must bring their own money. (Transportation home provided.)

SPECIAL EVENTS

ART PRIZE & A PICNIC

Wednesday, October 4 from 3pm to 6pm
meet at Kate Pew Wolters Center

Come adventure with us as we explore the many exhibits that ArtPrize has to offer! We will provide a picnic to enjoy as we soak in our surroundings downtown Grand Rapids. (Transportation home provided.)

CIDER SOCIAL

Sunday, October 8 from 2pm to 3pm
meet at the Kate Pew Wolters Center

Meet us at Indian Trails Camp for a leisurely stroll through Aman Park to admire the unique colors of the fall season. After, we will gather together to snack and socialize over donuts and cider.

FALL FEST

Saturday, October 14 from 1pm to 4pm
Kate Pew Wolters Center

This event includes games, crafts, karaoke, campfire doughnuts, and MORE! Snacks, entertainment, and fun will all be provided, so come out and see all of the activities we have to offer.

ORCHARD ADVENTURE

Friday, October 20 from 3pm to 6pm
meet at the Kate Pew Wolters Center

Enjoy an afternoon of hayrides, corn mazes, and cider. We will be going to Robinette's Orchards to spend the day relaxing and taking part in fun orchard activities. We will depart from the Kate Pew Wolters Center at 3pm and return home at approximately 6pm. We will cover cider and donuts, but participants may bring additional spending money for concessions and treats if they wish.

TRICK OR TREAT STREET

Saturday, October 21 from 6pm to 8pm
meet at the Kate Pew Wolters Center

Join IKUS for our annual Trick-or-Treat Street community event at Indian Trails Camp. This is an opportunity to trick or treat in a safe and family-friendly environment. We will have candy for trick-or-treaters, good food and fun activities for everyone!

GRIFFINS GAME

Friday, October 27 from 6pm to 9:30pm
meet at the Kate Pew Wolters Center

Come with us as we head downtown to Van Andel Arena to cheer on the Grand Rapids Griffins on October 27th. Tickets will be provided, participants can bring additional spending money for concessions and souvenirs. We will meet at the Kate Pew Wolters Center and depart at 6pm for the game. We will arrive back at the Kate Pew Wolters Center approximately around 9:30pm.

SPOOKFEST HALLOWEEN PARTY

Saturday, September 28 from 3pm to 4pm
meet at the Kate Pew Wolters Center

Come one, come all to our Spookfest party! We will have cookie decorating, spooky crafts, games and more! Make sure to wear your Halloween costume and get ready for a scary-good time.

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