



R.E.C. CONNECT [RECREATION • EXPERIENCE • COMMUNITY] MAY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 TRAILS TO RAILS 3PM	2 BEACH PARTY 11:30AM SCHOOL OF ROCK 4PM VOLLEYBALL 101 6:30PM	3 INTRO TO DANCE/ BALLETT 12PM SHARPIE CREATIONS 3PM	4 NATURE EXPLORATION 10AM MAY THE 4TH BE WITH YOU! 5PM	5 WORKING ON WELLNESS 1PM	6 DETROIT LIONS VS. OTTAWA COUNTY BASKETBALL GAME 6:15PM
7 COOKING AROUND THE WORLD 11:30AM	8 TRAILS TO RAILS 3PM	9 BEACH PARTY 11:30AM SCHOOL OF ROCK 4PM VOLLEYBALL 101 6:30PM	10 INTRO TO DANCE/ BALLETT 12PM SHARPIE CREATIONS 3PM	11 NATURE EXPLORATION 10AM	12 WORKING ON WELLNESS 1PM	13 GAMES AND GRUB 4PM
14 COOKING AROUND THE WORLD 11:30AM	15 TRAILS TO RAILS 3PM	16 BEACH PARTY 11:30AM SCHOOL OF ROCK 4PM VOLLEYBALL 101 6:30PM	17 INTRO TO DANCE/ BALLETT 12PM SHARPIE CREATIONS 3PM	18 NATURE EXPLORATION 10AM	19 WORKING ON WELLNESS 1PM	20 UNDER STARLIT SKIES 2PM
21 COOKING AROUND THE WORLD 11:30AM	22 TRAILS TO RAILS 3PM	23 BEACH PARTY 11:30AM SCHOOL OF ROCK 4PM VOLLEYBALL 101 6:30PM	24 INTRO TO DANCE/ BALLETT 12PM SHARPIE CREATIONS 3PM	25 NATURE EXPLORATION 10AM WEST MICHIGAN WHITECAPS 6PM	26 WORKING ON WELLNESS 1PM	27
28	29	30 VOLLEYBALL 101 6:30PM	31 INTRO TO DANCE/ BALLETT 12PM			

*PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND SPECIAL EVENTS.
To register, email pzielbauer@ikuslife.org or call 616.677.5251, ext. 119.



MAY PROGRAM DESCRIPTIONS

To attend a class, activity or event, members must have completed a member profile and paid their \$1 yearly membership fee.

CLASSES & ACTIVITIES*

COOKING AROUND THE WORLD

Sundays from 11:30am to 1pm
at the Kate Pew Wolters Center • May 7, 14, 21
Each week we will explore a different country and prepare a lunch based around the country's favorite cuisines. Participants will work together with Chef Scott in creating the meal and then enjoy social time eating together.

BIKING: TRAILS TO RAILS

Mondays from 3pm to 4pm
at the Indian Trails Camp Bike Shed • May 1, 8, 15, 22
If you like biking then this is the class for you! Practice your biking skills and train your body at Indian Trails Camp as we prepare for a longer ride on May 22nd at the Musketawa Trail. The old railroad bed has been repaved and makes a very smooth ride. Use our Amtrykes or bring your own bicycle.

BEACH PARTY

Tuesdays from 11:30am to 12:30pm
at the Indian Trails Aquatic Center • May 2, 9, 16, 23
Join us for some fun and swimming no matter what the weather is at the Indian Trails Aquatic Center. Participants must bring their own swimsuit and towel. Certified lifeguard will be on duty.

SCHOOL OF ROCK

Tuesdays from 4pm to 5pm
at the Kate Pew Wolters Center • May 2, 9, 16, 23
Ever wanted to be in a band? This is your chance to explore different instruments (guitars, bass, keyboard, drums, singing) and learn the basics of performing in a band.

VOLLEYBALL 101

Tuesdays from 6:30pm to 8pm
at the Kate Pew Wolters Center • May 2, 9, 16, 23, 30
Join us for volleyball as instructors from Special Olympics will help teach the game while encouraging fun and participation.

INTRO TO DANCE/BALLET

Wednesdays from 12pm to 1 pm
at the Kate Pew Wolters Center
Facilitated by principal member(s) of the Grand Rapids Ballet, come and join us in learning basic dance and ballet steps.

SHARPIE CREATIONS

Wednesdays from 3pm to 4pm
at Ojibway Lodge • May 3, 10, 17, 24
Get Sassy with Sharpies and create crafts using these colorful markers! Tye dye tees, decorating cookie plates, making coasters, and more! Sharpie markers and other supplies provided.

NATURE EXPLORATION

Thursdays 10am to 11am
at the Kate Pew Wolters Center
Ever wonder what kind of bird made that "chirp chirp" sound? Are you curious or interested in learning about different types of trees, flowers and woodland critters? Then this is the class for you! Each week we will enjoy the outdoors and explore a different trail within Aman Park or Indian Trails Camp. Please come dressed for the outdoors. If it rains the class will meet at KPWC and walk inside with music.

WORKING ON WELLNESS

Fridays from 1pm to 2pm
at the Kate Pew Wolters Center
This fun health and fitness class will focus on stretching, bodyweight exercises, and sports. Class is adaptable to most fitness levels and abilities. This is a great way to stay healthy and boost your self-confidence! Please come dressed to move.

GAMES AND GRUB

Saturday, May 13 from 4pm to 6pm
at the Kate Pew Wolters Center
Come on Saturdays for a fun social event involving cooking, conversation, and friendly competition. This two hour event includes making a meal and table top board games and card games. You're welcome to bring your own games and drinks.

SPECIAL EVENTS*

MAY THE 4TH BE WITH YOU!

Thursday, May 4 from 5pm to 8pm
at the Kate Pew Wolters Center
Celebrate Star Wars day with R.E.C. Connect! This special event will feature food, face painting, and an interactive viewing of Star Wars involving trivia and prizes!

DETROIT LIONS VS. OTTAWA COUNTY ALL-STARS BASKETBALL GAME

Saturday, May 6 from 6:15pm to 9:15pm
Attend an awesome basketball game between the Detroit Lions and Ottawa County Deputy Sheriff's Association at Allendale High School. Bring money for concessions if you so choose. Meet at Kate Pew Wolters Center at 6:15pm, return at approx. 9:15pm.

UNDER STARLIT SKIES

Saturday, May 20 from 2pm to 5:30pm
A trip to the Grand Rapids Public Museum Planetarium for a viewing of stars and constellations with a live presenter! Meet at Kate Pew Wolters Center at 2pm and return at approx. 5:30pm.

WEST MICHIGAN WHITECAPS

Thursday, May 25 from 6pm to 10:00pm
Enjoy a fun night at the ball park! \$2 dogs and \$2 drinks! Bring money for concessions if you would like to buy anything. We will meet at the Kate Pew Wolters Center at 6pm and arrive back approx. 10pm.

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