# R.E.C. CONNECT [RECREATION • EXPERIENCE • COMMUNITY]
## APRIL 2020 CALENDAR

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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### ALL CLASSES AND ACTIVITIES

- Spots are limited. Registration for certain activities/events might close in advance.
- All classes and activities depend on weather.
- Events might close in advance (at least 24 hours in advance).
- Spots are limited.

### April 2020 Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
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<tbody>
<tr>
<td>5</td>
<td><img src="image" alt="Healthy Living 9:30AM" /></td>
<td>6</td>
<td><img src="image" alt="Recreational Fitness 10:15AM" /></td>
<td>7</td>
<td><img src="image" alt="Science Discoveries 9:30AM" /></td>
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<td>7</td>
<td><img src="image" alt="Creative Arts 12PM" /></td>
<td>8</td>
<td><img src="image" alt="Game Zone 10:15AM" /></td>
<td>9</td>
<td><img src="image" alt="Performing Arts 12:15PM" /></td>
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<td>9</td>
<td><img src="image" alt="Art 12PM" /></td>
<td>10</td>
<td><img src="image" alt="Grand Rapids Ballet 1PM" /></td>
<td>11</td>
<td><img src="image" alt="Peter Rabbit" /></td>
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<td>11</td>
<td><img src="image" alt="Science 1PM" /></td>
<td>12</td>
<td><img src="image" alt="Cooking with Chef Scott 3PM" /></td>
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<td>13</td>
<td><img src="image" alt="Cooking with Chef Scott 3PM" /></td>
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<td>17</td>
<td><img src="image" alt="Cooking with Chef Scott 3PM" /></td>
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<td><img src="image" alt="John Ball Zoo" /></td>
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### Pre-Registration

- Pre-registration (at least 24 hours in advance) is required for all classes, activities and special events.
- To register, email maten@ikuslife.org or call 616.677.5251, ext. 119.

**See back page for program descriptions.**
APRIL PROGRAM DESCRIPTIONS

To attend a class, activity or event, members must have completed a member profile and paid their membership fees.

HEALTHY LIVING
Mondays—Together we will work on improving our daily life skills and abilities, all while having fun. Everything from basic cooking to budgeting our money, this is a great opportunity to come and learn something new.
Drop off & pick up: Kate Pew Wolters Center
Time: 9:30am-10:15am

RECREATIONAL FITNESS
Mondays & Thursdays—Fitness can be fun! Come out for an hour of fun games and activities that will get you moving. Together we will work towards living a healthier life!
Drop off & pick up: Kate Pew Wolters Center
Time: 10:15am-11am on Mondays
10:30am-11:15am on Thursdays

CREATIVE ARTS
Mondays & Tuesdays—Get ready to create! We will be experimenting with different forms of arts and crafts, music, and much more! Let your inner artist take over for an afternoon full of creativity and expression.
Drop off & pick up: Kate Pew Wolters Center
Time: 12pm-12:45pm on Mondays
12pm-12:45pm on Tuesdays

GAME ZONE
Mondays & Tuesdays—Come on out and get your gaming on. Members will have the opportunity to play cards, learn new board games and participate in a variety of group games in the gym!
Drop off & pick up: Kate Pew Wolters Center
Time: 12:45pm-1:30pm on Mondays
10:15am to 11am on Tuesdays

GAMES & GRUB
Thursdays—Join us on Thursdays for fun social activities involving cooking, conversation, and competition. This two hour activity includes making a meal and interactive games. You’re welcome to bring your own games and beverages. Food, games, and transportation home will be provided.
Drop off: Kate Pew Wolters Center,
transportation home provided
Time: 2:45pm-4:30pm *Times home may vary*

SCIENSE DISCOVERIES
Tuesdays & Thursdays—Learn about the many wonders of the world! There will be mini units that will focus on specific topics such as space, oceans, rainforest, geology and volcanos. Members will learn about each topic through fun, hands-on activities, experiments and watch a video to wrap up each unit.
Drop off & pick up: Kate Pew Wolters Center
Time: 9:30am-10:15am on Tuesdays
1pm-1:30pm on Thursdays

BREAKFAST CLUB
Thursdays—Members will learn step-by-step how to make different breakfast foods. We will learn about healthy food choices, how to read recipes and will review safety in the kitchen!
Drop off & pick up: Kate Pew Wolters Center
Time: 9:30am-10:30am

PERFORMING ARTS
Tuesdays & Thursdays—Members will have the opportunity to explore various forms of performing arts. Drum circles, karaoke, improv, and skits are some of the areas of performing arts that will be explored.
Drop off & pick up: Kate Pew Wolters Center
Time: 12:45pm-1:30pm on Tuesdays
12:15pm-1pm on Thursdays

GRAND RAPIDS BALLET COMPANY
Wednesday, April 1 & 15—Join your friends for a fun adapted ballet workshop. Representatives from GR Ballet Company will be leading you through various seated and standing routines.
Drop off & pick up: Kate Pew Wolters Center
Time: 1pm-2pm

HARRY POTTER VIEWING CLUB
Wednesday, April 1—Join your friends as they enjoy watching the Harry Potter series. Snacks will be provided.
Drop off: Kate Pew Wolters Center,
transportation home provided
Time: 2:30pm-5:30pm *Times home may vary*

MUSIC CREATION
Thursday, April 2—Time to rock out at IKUS! Come play the drums, guitars and piano that will be set up on stage. No experience is required. There will be opportunities for participants to sing and dance to their favorite songs!
Drop off: Kate Pew Wolters Center,
transportation home provided
Time: 2:45pm-4:15pm *Times home may vary*

COOKING WITH CHEF SCOTT
Wednesday, April 8 & 15—Join your friends at R.E.C. Connect as they learn step by step how to cook delicious meals, with the help of Chef Scott!
Drop off Kate Pew Wolters Center,
transportation home provided
Time: 3pm-4:30pm *Times home may vary*

NATURE HIKE & GARDENING
Friday, April 10—Join your friends as we go for a hike around Aman Park and then help Chef Scott prepare the garden for Spring! A snack will be provided.
Drop off Kate Pew Wolters Center,
transportation home provided
Time: 2:45pm-4:30pm *Times home may vary*

PETER RABBIT 2 SENSORY SHOWING & LUNCH
Saturday, April 11—Join your friends as they watch Peter Rabbit 2 at Celebration North! After the movie is completed we will be going out to lunch!
*Tickets will be $5ea. for non-Ottawa County residents*
Drop off & pick up: Kate Pew Wolters Center
Time: 10am-2pm

FRIDAY NIGHT FUN
Friday, April 17—Join your friends as they go out to eat at a local restaurant!
Drop off Kate Pew Wolters Center,
transportation home provided
Time: 2:45pm-5pm *Times home may vary*

JOHN BALL ZOO
Saturday, April 22—The Zoo is open for the season! Join your friends as they check out all of the animals at John Ball Zoo! Please bring money if you would like to buy anything from the gift shop or concession stands.
Drop off & pick up: Kate Pew Wolters Center
Time: 9:30am-1:30pm

GAME NIGHT
Monday, April 20—Come on out and play some fun board games and cards, while enjoying some complimentary snacks!
Drop off Kate Pew Wolters Center,
transportation home provided
Time: 2:45pm-4pm *Times home may vary*

FREDERIK MEIJER GARDENS
Wednesday, April 22—Come explore the exhibits and butterfly garden at Frederik Meijer Gardens!
Drop off: Kate Pew Wolters Center,
transportation home provided
Time: 2:45pm-5pm *Times home may vary*

GARDENING WITH CHEF SCOTT
Wednesday, April 29—Join your friends for a hands-on gardening class led by Chef Scott!
Drop off Kate Pew Wolters Center,
transportation home provided
Time: 2:45pm-4:30pm *Times home may vary*

PLEASE NOTE: Transportation is provided for Ottawa County residents only.

These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.

PRE-REGISTRATION (AT LEAST 24 HOURS IN ADVANCE) IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND SPECIAL EVENTS.
To register, email maten@ikuslife.org or call 616.677.5251, ext. 119.