## R.E.C. CONNECT [RECREATION • EXPERIENCE • COMMUNITY]
### MARCH 2020 CALENDAR

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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**NOTE:** Registration for certain activities/events might close in advance depending on cost and staffing required.

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PRE-REGISTRATION (AT LEAST 24 HOURS IN ADVANCE) IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND SPECIAL EVENTS.

** See back page for program descriptions.**

To register, email maten@ikuslife.org or call 616.677.5251, ext. 119.
MARCH PROGRAM DESCRIPTIONS

To attend a class, activity or event, members must have completed a member profile and paid their $1 yearly membership fee.

**HEALTHY LIVING**
Mondays—Together we will work on improving our daily life skills and abilities, all while having fun. Everything from basic cooking to budgeting our money, this is a great opportunity to come and learn something new.
Drop off & pick up: Kate Pew Wolters Center
Time: 9:30am-10:15am

**RECREATIONAL FITNESS**
Mondays & Thursdays—Fitness can be fun! Come out for an hour of fun games and activities that will get you moving. Together we will work towards living a healthier life!
Drop off & pick up: Kate Pew Wolters Center
Time: 10:15am-11am on Mondays
10:30am-11:15am on Thursdays

**CREATIVE ARTS**
Mondays & Tuesdays—Get ready to create! We will be experimenting with different forms of arts and crafts, music, and much more! Let your inner artist take over for an afternoon full of creativity and expression.
Drop off & pick up: Kate Pew Wolters Center
Time: 12pm-12:45pm on Mondays
12pm-12:45pm on Tuesdays

**GAME ZONE**
Mondays & Tuesdays—Come on out and get your gaming on. Members will have the opportunity to play cards, learn new board games and participate in a variety of group games in the gym!
Drop off & pick up: Kate Pew Wolters Center
Time: 12:45pm-1:30pm on Mondays
10:15am to 11am on Tuesdays

**GAMES & GRUB**
Tuesdays—Join us on Tuesdays for fun social activities involving cooking, conversation, and competition. This two hour activity includes making a meal and interactive games. You’re welcome to bring your own games and beverages. Food, games, and transportation home will be provided.
Drop off: Kate Pew Wolters Center, transportation home provided
Time: 2:45pm-5pm *Times home may vary*

**SCIENCE DISCOVERIES**
Tuesdays & Thursdays—Learn about the many wonders of the world! There will be mini units that will focus on specific topics such as space, oceans, rainforest, geology and volcanos. Members will learn about each topic through fun, hands-on activities, experiments and watch a video to wrap up each unit.
Drop off & pick up: Kate Pew Wolters Center
Time: 9:30am-10:15am on Tuesdays
1pm-1:30pm on Thursdays

**BREAKFAST CLUB**
Thursdays—Members will learn step-by-step how to make different breakfast foods. We will learn about healthy food choices, how to read recipes and will review safety in the kitchen!
Drop off & pick up: Kate Pew Wolters Center
Time: 9:30am-10:30am

**PERFORMING ARTS**
Tuesdays & Thursdays—Members will have the opportunity to explore various forms of performing arts. Drum circles, karaoke, improv, and skits are some of the areas of performing arts that will be explored.
Drop off & pick up: Kate Pew Wolters Center
Time: 12:45pm-1:30pm on Tuesdays
12:15pm-1pm on Thursdays

**GRAND RAPIDS BALLET COMPANY**
Wednesday, March 4 & Wednesday, March 18—Grand Rapids Ballet Company is back! Join your friends for a fun adapted ballet workshop. Representatives from GR Ballet Company will be leading you through various seated and standing routines.
Drop off & pick up: Kate Pew Wolters Center, transportation home provided
Time: 1pm-2pm

**HARRY POTTER VIEWING CLUB**
Wednesday, March 4—Join your friends as they enjoy watching the Harry Potter series. This month we will be watching Harry Potter and the Chamber of Secrets. Snacks will be provided.
Drop off: Kate Pew Wolters Center, transportation home provided
Time: 2:30pm-5:15pm *Times home may vary*

**MUSIC CREATION**
Thursday, March 5—Time to rock out at IKUS! Come play the drums, guitars and piano that will be set up on stage. No experience is required. There will be opportunities for participants to sing and dance to their favorite songs!
Drop off: Kate Pew Wolters Center, transportation home provided
Time: 2:45pm-4:15pm *Times home may vary*

**GRIFFINS VS. ROCKFORD ICE HOGS**
Saturday, March 7—Join your friends at R.E.C. Connect as they cheer on the Grand Rapids Griffins! We will be going out to eat before the game. Tickets for the game will be provided. Please bring money if you would like to buy something at the concession stands. Space is limited so please sign up as soon as possible if interested.
Drop off & pick up: Kate Pew Wolters Center
Time: 4pm-9:30pm

**FREDERIK MEIJER GARDENS**
Wednesday, March 11—Join your friends as they explore the exhibits at Frederik Meijer Gardens!
Drop off: Kate Pew Wolters Center, transportation home provided
Time: 2:45pm-5pm *Times home may vary*

**COOKING WITH CHEF SCOTT**
Thursday, March 12 & Thursday, March 26—Join your friends at R.E.C Connect as they learn step by step how to cook delicious meals, with the help of Chef Scott!
Drop off Kate Pew Wolters Center, transportation home provided
Time: 3pm-4:30pm *Times home may vary*

**ARTS IN MOTION DANCE ON TIME**
Saturday, March 22—Come join your friends for dancing, games, prices at the annual Dance on! This event is sponsored by Arts in Motion. There will be no cost to those who sign up through R.E.C. Connect.
Drop off & pick up: Kate Pew Wolters Center
Time: 10am-2pm

**GRAND RAPIDS DRIVE VS. LAKE LAND MAGIC**
Sunday, March 23—Join your friends at R.E.C. Connect as they cheer on the Grand Rapids Drive!
Tickets for the game will be provided. Please bring money if you would like to buy something at the concession stands. Space is limited so please sign up as soon as possible if interested.
Drop off & pick up: Kate Pew Wolters Center
Time: 11:30am-3:30pm

**FRIDAY NIGHT FUN—GARDENING & PIZZA**
Friday, March 27—Join your friends for this hands-on gardening class led by Chef Scott! Once we are done helping Scott get the garden ready for the spring, we will have a pizza party in the KPW life skills room!
Drop off: Kate Pew Wolters Center, transportation home provided
Time: 3pm-5:30pm *Times home may vary*

**GRIFFINS VS. MILWAUKEE ADMIRALS**
Saturday, March 28—Join your friends at R.E.C. Connect as they cheer on the Grand Rapids Griffins! We will be going out to eat before the game. Tickets for the game will be provided. Please bring money if you would like to buy dinner or get something at the concession stands. Space is limited so please sign up as soon as possible if interested.
Drop off & pick up: Kate Pew Wolters Center
Time: 4pm-9:30pm

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PLEASE NOTE: Transportation is provided for Ottawa County residents only.